



Produced by the Journalism & Marketing Academy

From the Principal's Desk

Several weeks back, I wrote here about "Handling Hard Better." If you missed it, the idea revolves around the fact that life doesn't get easier, rather, we learn to handle hard things better as we live life. In this week's note, I thought I would expand a bit.

confronting and figuring out how to move forward. It's about striving to become better!

See, handling hard better doesn't mean "toughen up" or "stop whining and figure it out." To the contrary, handling hard better is a mentality - a shift from running to confronting. Handling hard better is about building a team of support around you. Family, friends, mentors, and others that you can turn to. Handling involves talking through difficult things with someone you trust - trust to hold your confidence, trust that their advice is in your best interest. Handling is finding that tutor when Math class is overwhelming, and you can't do it alone. That person you can complain to because life just stinks right now! Handling is about

No one is perfect... but we strive!

No one is always happy... but we strive!

No one lives life without anxiety or fear... but we strive!

Education, both inside and outside the classroom, is about striving to make ourselves better. Striving to handle everything life can throw at us. It is about putting in the work. It's about building your team!

My team includes my wife, my parents, my two best friends, and the people I work with here at St. Mary's.

Who is on your team?

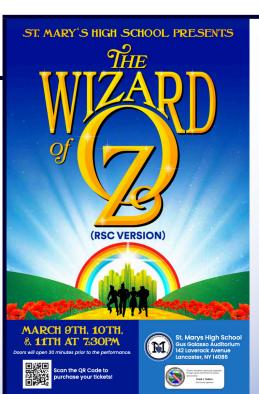
Sincerely, Mr. Junik

Important Dates

March 10th - No School Fac/Staff Day of Caring

March 13-16th - Spirit Week

March 17th - No School



Spring Musical

March 9-11th 7:30 pm Tickets at smhlancers.org

The Week Ahead

Mon. March 6th - C Day *DRESS DOWN DAY

Officer Blackchief of the Cheektowaga Police Dept. was recently involved in a horrible accident. With a long road to recovery, we are raising money to aid in that battle. His daughter, Amaya, will also be freshman with us next year.

Dress down will be \$2 as usual, but if you can spare a little more to help a future Lancer family, it would be greatly appreciated.

Tues. March 7th - A Day
*REGULAR DRESS CODE

Wed. March 8th - B Day
*REGULAR DRESS CODE

Thurs. March 9th - C Day *REGULAR DRESS CODE

Musical 7:30 pm

Fri. March 10th
NO SCHOOL
Fac/Staff Day of Caring
Musical 7:30 pm



Spring Open Gyms

March 7th - Women's Lacrosse 7-9 pm @ St. Mary's
Any girls interested in playing are welcome to
come get their sticks going, play some catch,
etc.

Pi Day! 3.14.23

Bring in up to 3 full-sized pies or frozen pizzas for extra credit in your math class!

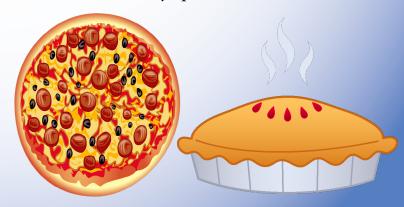
Pizzas are preferred!

All pizzas/pies must be handed in on 3/14/2023 by 8 am in the cafeteria.

NO PIES WILL BE ACCEPTED AFTER THAT TIME. NO EXCEPTIONS!!

Only full sized, store-bought and sealed pizzas or pies will be accepted. Homemade items cannot be accepted.

Please see your favorite math teacher with any questions!



Guidance Corner

Attention Juniors

On March 15th, all Juniors will be attending the National College Fair at the Buffalo Convention Center. We will leave school at 9 a.m. to return around 12 noon.

Please make sure that you and your parents fill out your Trip Permission Slip and return the form to the Counseling Center.

Attention Seniors & Juniors

Representatives from the following colleges will be visiting St. Mary's this month:

- March 9, 12:15 p.m. University at Buffalo
- March 14, 10:00 a.m. Brescia University (London, Ontario)
- March 30, 10:00 a.m. LeMoyne College If you are interested in meeting with any of these reps, please contact Mr. Kidder to sign up.

Attention Seniors

Please remember to notify the Counseling Center of your **college acceptances** and scholarship awards. We would love to add your name to the wall outside of the Cafeteria!

Attention Juniors & Sophomores

The Counseling Center is excited to announce the return of the **College Tour Program**, where we will lead a group of students on a visit to multiple colleges and universities. This year, we are planning to visit schools between here and **Boston**,

Mass., over a three-day period.

Due to sports, exams, performances, and endof-year celebrations, we are looking to hold the trip the **last week of June or the first week of July.** The cost of the trip will be about \$500 per person (includes hotel, transportation, and all meals), though this may change depending on the number of people who sign up. Yes, parents are welcome to join us!

More information (including a list of colleges to be visited) will be coming soon.

Happy Birthday, George!



St. Mary's honorary Lancer, George Morgan, celebrated his birthday this past week. There's nothing George would want more than some empty bottles and cans to replenish his stock.

So, if you have some empties, feel free to bring them into the front foyer or just

leave them outside the front doors. We'll know who they're for!

As always, thank you for making George feel so special and for welcoming him to the Lancer Family with open arms.



Spread the Love Can Drive March 1-8th

Accepting peanut butter, jelly, or any other canned goods.

Drop off donations in Mrs. Pautler's room or in the Main Office.

