



ST. MARY'S HIGH SCHOOL

JANUARY 2020



Menu is subject to change.

Personal Touch Food Service

Chef Manager:

Colleen Kowalski

Monday	Tuesday	Wednesday	Thursday	Friday
		HAPPY NEW YEAR	1 Chicken Nuggets Au gratin Potato Seasoned Carrots Fruit cup	2 Hamburger on bun Pasta Salad Fruit cup
6	7	8	9	10
Orange chicken over rice Oriental vegetables Fruit cup	Mexican taco Seasoned Corn Churro	Pizza Day Veggie Sticks Fruit cup	Baked Macaroni & Cheese Dinner roll Green Beans Pear Crisp	Bowl of chile Bread Bowl or Corn Muffin Fruit cup
13	14	SOUP & SANDWICH DAY	16	17
Chicken Patty on bun Pierogi Mixed Vegetables Fruit cup	Spaghetti & Meatsauce Warm Breadstick Garden Salad Pudding cup	Chicken Noodle Soup Turkey or Ham Wrap Chips Jello cup	Italian Dippers Seasoned Noodles Fruit cup	Toasted cheese Tomato soup Fruit cup
NO SCHOOL MARTIN LUTHER KING, JR. OBSERVANCE	21	22	23	24
	Pizza Sub Garden Salad Fruit cup	Chicken Souvlaki Roasted Potato Steamed vegetables Pudding cup	Baked Ravioli Cesear Salad Warm Breadstick Fruit cup	Chicken Pot Pie Garden Salad Fruit cup
27	28	29	30	31
Chicken finger sub Homemade Squash Soup Fruit cup	Baked pasta Garden Salad Fruit cup	Sloppy Joe Bag of chips Fruit cup	Hot turkey Sandwich Stuffing & gravy Roasted Brussel Sprouts Fruit cup	Meatball submarine Garden Peas Fruit cup

SERVED DAILY:

Entrees.....	\$ 3.75
Fresh made Soup.....	\$ 1.75
Deli Sandwich or Wrap.....	\$ 3.75
Milk ½ pint.....	\$.90
Bottle Water.....	\$ 1.25
Pizza Slices.....	\$ 3.00

BREAKFAST A LA CARTE

Breakfast Sandwich.....	\$ 3.30
Bagel with Butter.....	\$ 1.25
Cream Cheese.....	\$.60
French Toast Sticks (5).....	\$ 1.95
Greek Yogurt.....	\$ 1.75
Fresh Fruit Cup.....	\$ 1.95
Cereal with Milk.....	\$ 1.90
Yogurt Parfait.....	\$ 3.00

LUNCH A LA CARTE

Fresh Baked Cookies.....	\$.60
Nachos.....	\$ 1.75
Bag of Chips.....	\$ 1.25
Hot Pretzel.....	\$ 1.50
Fresh Fruit.....	\$ 1.25
Vegetable of the Day.....	\$ 1.25

Lunch Combo Includes:

**1 Entrée or 1 Slice of Pizza
Choice of Side
½ Pint Milk or Bottled Water
\$4.50**

WG = Whole Grain

V = Vegetarian*

***Allows egg and milk**