



St. Mary's High School

September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Labor Day	4 No School	5 Noon Dismissal No Lunch Service	6 Burger Bar Hamburgers, Veggie Burgers, Assorted Toppings, Fresh Fruit, Steak Fries	7 Cheesy Grilled Cheese with Tomato Soup, Potato Chips and Vegetable Medley
10 Popcorn Chicken Tater Tots Celery & Carrot Sticks	11 Taco Tuesday Taco in a Bag Rice & Mexi-Corn	12 Cheese Ravioli with Alfredo Sauce Garden Salad Roasted Vegetables	13 Baked Potato Bar Cheese Sauce, Broccoli, Sour Cream, Bacon Bits Fresh Fruit Cup, Peas	14 Macaroni & Cheese Seasoned Green Beans Dinner Roll
17 Chicken Caesar Wrap Steak Fries Fresh Fruit Cup	18 Taco Tuesday! Soft Shell Tacos Spanish Rice Nachos with Salsa	19 Penne Pasta Marinara Bake Summer Squash Garlic Breadstick	20 Chicken Souvlaki Bar Romaine Lettuce, Grilled Chicken Feta Cheese, Tzatziki Sauce Pita Bread	21 No School Open House
24 Herb Roasted Chicken Breast Mashed Potatoes with Gravy Roasted Zucchini	25 Walk-A-Thon	26 Taco Tuesday on Wednesday! Taco Salad Cilantro-Lime Rice Black Bean Salsa	27 Cheese Tortellini with Marinara Garden Salad Garlic Breadsticks	28 Sandwich Bar Assorted Breads, Rolls and Wraps Meats, Cheeses, Toppings, Potato Chips & Fresh Fruit

SERVED DAILY:

Entrees	\$3.50
Salad – Large	\$3.25
Salad – Small	\$2.15
Soup	\$1.30
Cold Sub or Wrap	\$3.50
Intense Milk	\$1.75
Milk	\$0.75
Juice Cup	\$0.60
Bottle Water	\$1.00
Pizza, all varieties	\$2.75

BREAKFAST A LA CARTE

Breakfast Sandwich	\$3.50
Breakfast Burrito	\$3.25
Bagel with Butter	\$1.25
Cream Cheese	\$0.60
Hash Brown Patty	\$0.75
French Toast Sticks (5)	\$1.95
Greek Yogurt	\$1.75
Fresh Fruit Cup	\$1.95
Cereal with Milk	\$1.40
Yogurt Parfait	\$2.75

LUNCH A LA CARTE

Cookie	\$0.55 or 2/\$1.00
Nachos	\$1.75
Bag of Chips	\$1.25
Hot Pretzel	\$1.35
Fresh Fruit	\$1.25
Vegetable of the Day	\$1.15

COMPLETE LUNCH INCLUDES:

1 ENTRÉE, CHOICE OF SIDE
MILK OR BOTTLED WATER \$4.30
WITH INTENSE MILK \$5.00