

# CURRENTS

St. Mary's High School • Lancaster, NY • December 2016



## Volleyball team crowned State Champs



Congratulations to the Women's Volleyball Team as they earned their 18th New York State Catholic High School Championship. The Lady Lancers earned this year's title with a four-set win over Kellenberg Memorial of Long Island 27-25, 20-25, 25-21 and 25-15.

In tournament pool play, St. Mary's swept Maria Regina and St. Francis Prep while splitting with Kellenberg.

St. Mary's defeated St. Francis in the semifinals.

As a team, the Lady Lancers hit .311, led by senior Caitlyn Meyer at .414 and

sophomore Hannah Mulhern at .436.

For the tournament, Caitlyn had 52 kills, sophomore Summer Slade had 31 kills and 39 digs, Hannah had 30 kills, sophomore Caroline Zanghi had eight blocks, junior Jillian Vitale had 130 assists, and senior Gina Appenheimer had 46 digs.

## 14 inducted into National Honor Society



The Marian Chapter of the National Honor Society at St. Mary's High School inducted 14 new members in a ceremony recently held at the school. Students are selected for NHS based on academics, character, service, and leadership.

The Induction was held in the Gus Galasso Performing Arts Center as part of a celebration that included a candlelight ceremony, reading of the new inductees' biographies, and a

dessert reception.

The new members of the Marian Chapter of the National Honor Society are (standing left to right) Chelsea Okon, Sophie May, Emily Bookmiller, Maria Fontaine, Shae Antonicelli, Stephanie Baran, Jillian Vitale, Rachel Cichocki, (seated left to right) Zackary Laistner, Ryan Tytka, Eric Brown, Jacob Fay, Faith Meyers, and Shannon Murty.

## Student Senate presents donation to Food Pantry

When St. Mary's High School held its annual Walk-a-Thon in October, the students decided that a portion of the money raised would be donated to the Trinity Food Pantry in Lancaster.

St. Mary's High School has long-partnered with the Food Pantry, helping to feed the less fortunate in the Lancaster area.

Members of the St. Mary's Student

Senate recently visited the Lancaster Food Pantry to present a check for \$1,000.

According to Mr. Robert Costanzo, Volunteer Director for the Pantry, this donation will allow them to provide over 5,000 meals.

In addition to the Food Pantry, money from the Walk-a-thon was used for school classes, clubs, and organizations to fund their activities for the 2016-17 school year.



*Student Senate President Collin Tytka presents the St. Mary's Donation to Robert Costanzo, Volunteer Director for the Trinity Food Pantry. Surrounding them are members of the Student Senate: Shannon Murty, Ryan Tytka, Andrew Wargo, Emily Bookmiller, Julia Hartloff, Susan Romance, and Brendan Murty.*

### Notes from the Health Office

## Screenings are finished

Annual vision, hearing, and scoliosis screening has been completed.

If you received notification in the mail, please return the form after any follow up visits so that the nurse may

update her health records.

If you have any questions, please contact the school nurse, Mrs. Murphy, at 683-4824, ext. 220, or [bmurphy@smhlancers.org](mailto:bmurphy@smhlancers.org).

## Students/Teacher of October



*Daquan Hunt*



*Jacob Fay*



*Julia Hartloff*



*Luke Szablewski*



*Mrs. Junik*

## St. Mary's votes for Donald Trump

St. Mary's High School recently participated in the Presidential Voting Process through a series of events sponsored by the Social Studies Department.

In October, senior Participation in Government students visited other social studies classes to discuss the election process and share the platforms of the candidates.

On Monday, Nov. 7, the day before the rest of the nation voted, students and faculty who had pre-registered cast their votes. "Electoral" votes were then tabulated based on the size of the homeroom.

The results – taking the Electoral Votes 63-32 and the Popular Votes 65%-35% – was Donald Trump.

Thank you to all who participated in this project.



*Senior Jill Greene is excited to be one of the first to vote on St. Mary's Voting Day.*

### Currents

Published 12 times a year by  
St. Mary's High School  
142 Laverack Ave., Lancaster, NY 14086  
(716) 683-4824 • [www.smhlancers.org](http://www.smhlancers.org)

*Editor – Keith Kidder '85*

*Vol. 25, Issue 4*



# Students attend KEDS seminar

By Carolynn Steffens and Alyssa LaMartina

Members of Students Against Destructive Decisions (SADD) Club along with SADD Club moderators, Mrs. Sarah Neudeck and Mrs. Jamie Whitwood, and PE and Health teacher, Mrs. Kelly Barry, attended the Kids Escaping Drugs Summit.

We discussed the danger of using drugs and how addiction affects people. We learned about stereotypes associated with addiction and had a chance to hear a story of addiction and recovery from KEDS alumni.

We explored a few celebrities and athletes who

have dealt with addiction and also messages from the media and the impact on students.

As a student body, St. Mary's High School raised over \$600 on a Jeans Day to be donated to Kids Escaping Drugs.



SADD members Carolynn Steffens, Alyssa LaMartina, Emily Bookmiller, and Blake English at the Kids Escaping Drugs Seminar.

## Language midterms

Foreign Language midterms will be given for French 2, French 3, Spanish 2, Spanish 2 Honors, and Spanish 3 in January.

- The Listening midterms will be given Thursday, Jan. 19, during regularly scheduled class periods.
- The Reading/Writing midterms will be given Friday, Jan. 20, during regularly scheduled class periods.

**There are no make-ups given for these exams. You must be present to receive credit.** These grades will count as part of the second quarter grade.

## Spring Driver Ed begins February 2

St. Mary's High School offers an after-school Driver Education Program that is open to students from local high schools as well as students from St. Mary's.

Working with Buffalo Driving School, the Driver Education program is offered three times throughout the year: fall, spring, and summer. The spring session will begin on February 2, 2017, and continue through June.

The New York State Education Department requires that each student attend 24 hours of classroom instruction, which are held on Thursday afternoons. Also, students must attend 24 hours of in-car instruction. One-and-a-half hour driving labs are available at various times in the Driver Education vehicles. Completion of this course also satisfies the 20-hour graduated license requirement.

The cost for the program is \$495 per student. Registration materials are available by going to the St. Mary's website, [www.smhlancers.org](http://www.smhlancers.org), and clicking on Driver Ed.

Questions regarding the program may be directed to Mr. Chris Hoffman at [choffman@smhlancers.org](mailto:choffman@smhlancers.org).

## Speakers in Personal Finance class



In November, students in Mr. Peter Herr's Personal Finance class heard from special guest speakers: Adrienne Bermingham, Director of Roots and Shoots, the youth leadership program of the Jane Goodall Institute (above, photo by Allie Deguire); and Kevin Purdy and Nick Guy, staff writers for Wirecutter.com and thesweethome.com, consumer recommendation websites that were recently purchased by the New York Times.



# Counseling Corner

Sarah Neudeck ([sneudeck@smhlancers.org](mailto:sneudeck@smhlancers.org)) • 683-2349 • Jamie Whitwood ([jwhitwood@smhlancers.org](mailto:jwhitwood@smhlancers.org))

## Volunteering builds character and experience

Volunteering is a great way to help teens build character. Community service teaches important lessons in responsibility, discipline, and teamwork.

When your teen participates in community service, he contributes to society – and to his own future.

Volunteer work can help him identify career interests and build workplace skills.

It can also enhance his college applications, as many colleges view community service as a valuable

learning experience.

Studies show that teens who volunteer just two hours a week are 50 percent less likely to smoke, drink, or do drugs. In addition, teens who volunteer earn better grades and develop leadership skills that will help them throughout life.

The holiday season offers many opportunities for community service.

Your teen can:

- Volunteer at a soup kitchen.
- Work at a food pantry, sorting donated

goods.

- Visit a nursing home.
- Help with a food or clothing drive.
- Collect items for a toy drive.
- Wrap gifts at a local mall.

Check at your local library or community center for volunteer opportunities in your area.

*Reprinted with permission from the December 2016 issue of Parents Still make the difference!® (High School Edition) newsletter. Copyright © 2016 The Parent Institute®, a division of PaperClip Media, Inc. Source: R. Grimm, Jr. and others, Youth Helping America: The Role of Social Institutions in Teen Volunteering, Corporation for National & Community Service, [niswc.com/high\\_community](http://niswc.com/high_community).*

## Five memory-building exercises

Memory skills, especially long-term memory skills, are critical for learning. Long-term memory is what builds the “store of knowledge” we draw on all our lives. To help your teen boost her memory power, share these strategies:

- Look at the big picture. If she knows an upcoming test is on Chapter Four, your teen will want to spend most of her time on that chapter. However, she should also take a few moments to look at summaries of other chapters. Doing so tells her how Chapter Four relates to the whole unit. Her memory will improve if she understands this relationship.
- Put information on index cards and review the cards frequently. This tried-and-true method really does make remembering small chunks of information easier.
- Focus hardest on the middle part of reading material, because our brains remember the beginning and end parts best.

- Use mnemonics or acronyms. Techniques like reciting the poem, “Thirty days hath September,” can help teens recall information.
- Study and then rest or sleep. The brain is never asleep. While your teen’s body is getting rest, her brain will

still be working on sorting out and retaining the material she fed it just before going to bed.

*Reprinted with permission from the December 2016 issue of Parents Still make the difference!® (High School Edition) newsletter. Copyright © 2016 The Parent Institute®, a division of PaperClip Media, Inc. Source: E. Jensen, Student Success Secrets, Barron’s Educational Series.*

## How to treat others with respect

To be successful, teens must learn how to show respect for others – classmates, parents, teachers, and coaches. Tell your teen she can show respect by:

- Listening politely when others speak. This means looking at the speaker and not interrupting.
- Showing up on time. Whether it’s soccer practice, history class, or lunch with a friend, she should plan to arrive on time.
- Using her manners. Saying please, thank you, and you’re welcome shows she is considerate and appreciative.

- Watching her tone of voice. Remind her that how she says something is just as important as what she says.
- Listening to others’ ideas and opinions. She may disagree with something someone says – and that’s OK. Teach your teen how to express her opinion respectfully, without arguing.
- Accepting the final word. Many teens press their case even when an adult stands firm. Explain that this rarely works.

*Reprinted with permission from the December 2016 issue of Parents Still make the difference!® (High School Edition) newsletter. Copyright © 2016 The Parent Institute®, a division of PaperClip Media, Inc.*

# Congratulations, First Quarter Honor Roll Students

## Top five Seniors



Daniel Cress    Victoria Jankowski    Marissa Loniewski    Anna Heerd    Grace Fuller

## Top five Juniors



Ryan Tytka    Chelsea Okon    Shannon Murty    Jacob Was    Patrick Basil

### Senior 1st Honors

Asia Alexander  
James Ando  
Gina Appenheimer  
Elizabeth Bakeman  
Alexandra Bielli  
Alexander Bish  
Orion Bonghi  
Sarah Cole  
Daniel Cress  
Mark Cronmiller  
Danielle Draschan  
Jenna Erwin  
Joshua Fontaine  
Grace Freeman  
Grace Fuller  
Hayley Gerber  
Samantha Grabski  
Karen He  
Anna Heerd  
Stephanie Hossenlopp  
Erin Hufford  
Victoria Jankowski  
Courtney Kline  
Kaitlyn Kowalewski  
Kayla Leo  
Marissa Loniewski  
Caitlyn Meyer  
Faith Meyers  
Savannah Meyers  
Alex Paul  
Zachery Penksa  
Clare Pivarunas  
Andrea Seeloff  
Kristi Smith  
Alexander Stegmeier  
William Story  
Collin Tytka  
Kathryn Vogl  
Nathan Waley  
Shelby Whalen  
Haley Wipperman  
Sydney Zajac  
Sai Frida Zheng  
Maya Zelazny

### Senior 2nd Honors

Campbell Amatura  
Charles Bristol  
John Connolly  
Alexandria Deguire  
Amaya Devers  
Jill Greene  
Daquan Hunt  
Yifei Peter Li  
Jack Mulcaire  
Jessica Muszynski  
Hannah Pufpaff  
Jiahao Daniel Qiu  
Brittany Wachowski  
Yihan Rhea Wan  
Samantha Ziomek

### Junior 1st Honors

Ziyao Zain Ai  
Shae Antonicelli  
Stephanie Baran  
Kristen Barczykowski  
Patrick Basil  
Libby Benzer  
Emily Bookmiller  
Eric Brown  
Gabrielle Burkard  
Rachel Cichocki  
Lucas Cousins  
Onalee Duane  
Blake English  
Jacob Fay  
Christina Federico  
Joseph Flading  
Maria Fontaine  
Heather Gotro  
Annaliese Hirsch  
Jessica Kozminski  
Nicole Kruse  
Zackary Laistner  
Veronica LaPort  
Peimin Lin  
Antonino Marino  
Sophie May  
Caitlin McCormick  
Shannon Murty  
Chelsea Okon

Alicia Pacer  
Cameron Ruggiero  
Summer Slade  
Julia Soluri  
Jessa Syracuse  
Raleigh Tobolski  
Ryan Tytka  
Lauren Vilardo  
Jillian Vitale  
Andrew Wargo  
Jacob Was  
Madeline Was  
Jacob Winiarski

### Juniors 2nd Honors

Kelsie Allen  
Mackenzie Bickerstaff  
Scott Brown  
Matthew Ciezki  
Erin DiPirro  
Dino Fudoli  
Sarah Hapeman  
Daniel Hatfield  
Chloe Isbrandt  
Derek Johnson  
John Kandler  
Jacob Lukasik  
Benjamin Mazurowski  
Nicole Nazzarett  
Danielle Norton  
Emily Pijacki  
Lucas Prince  
Jeffrey Rosner  
Anna Schmitz  
Mackenzie Suto  
Matthew Swiatek  
Christian Szablewski  
Kylie Wagner  
Nickolas Walter  
Yixuan Sally Wan  
Casey Wiles  
Shala Wright

**Sophomores  
1st Honors**  
Caitlin Bish  
Ashley Cruz

Carilyn Duke  
Claire Fahey  
Sarah Filion  
Julia Hartloff  
Joyce Hunziker  
Kailey Kline  
Alyssa LaMartina  
Zachary Micholas  
Athena Mohamed  
Emily Molnar  
Hannah Mulhern  
Olivia Nasternak  
Nicholas Pronobis  
Brianna Propis  
Emily Renkas  
Susan Romance  
Matthew Rosinski  
Alyssa Strimble  
Emma Trapper  
Matthew Vallone  
Bridget Vogl  
Austin Walsh  
Joshua Weiss  
Jacob Wilk  
Toriann Wipperman

### Sophomores 2nd Honors

Anna Almeter  
Alexander Bellet  
Madeline Benzer  
Alex Bialkowski  
Juliet Carl  
Ethan Craddock  
Alexander Denz  
Madelyn Ellison  
Haley Fisher  
Francesco Gallo  
Nicole Gorny  
Kyle Karoleski  
Cole Laskowski  
Santo Lima  
Caleb Mangan  
Saige Maniscalco  
Bridget Mazurowski  
Cole Murray  
Brady O'Brien

Arianna Palmer  
Sarah Rickettson  
Olivia Rivarola  
Olivia Rodriguez  
Emily Sierk  
Mason Smith  
Payton Stachewicz  
Jenna Stanley  
Madelynn Stearns  
Sarah Suffoletto  
Emersyn Szczesniak  
Ariel Tyrpak  
Tara Wanat  
Caroline Zanghi  
Nicole Ziolkowski

### Freshmen 1st Honors

Kayla Bestpitch  
Sara Bojarski  
Jasmine Brundage  
Taylor Chinski  
Allison Cole  
Peter Duane  
Vito Gallo  
Thomas Haefner  
Grace Haxton  
McKenzie Jensen  
Marguerite Kellner  
Myla Kline  
Jennamae Lipiarz  
Julia Livingston  
Daniel May  
Taylor McMullen  
Samuel Mickel  
Ava Miller  
Brendan Murty  
Cali Nazzarett  
Madison Nuttle  
Megan O'Brien  
Rebecca O'Connor  
Mary Owczarczak  
David Persico  
Rachel Pokornowski  
Marie Rhodes  
Emma Ridolfi  
Giavanna Sacco

Destiny Severn  
Meadow Slade  
Shannon Stachowski  
Carolynn Steffens  
Kerry Sullivan  
Jillian Szeluga  
Jeffrey Zoyhowski

### Freshmen 2nd Honors

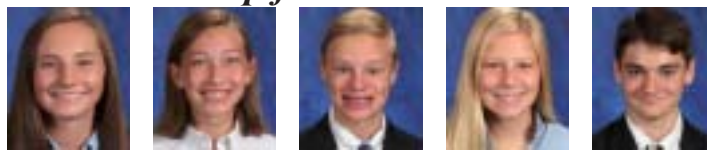
Matthew Ash  
Zachary Ash  
Curtis Barry  
Hannah Carrow  
Maranda Cichocki  
Zachary Ciesielski  
Kelly Cleversley  
Tyler Cruz  
Samuel Dantonio  
Victoria Florczak  
Alexis Giardina  
Gianna Grasso  
Jenna Kladke  
Julianna Kladke  
Ellen Knospe  
Christopher Kobis  
Hannah Kwasniewski  
Vincenza LaMagna  
Elijah LaVarnway  
Riley Malicki  
Parris Maroney  
Wylie Maziol  
Jadon McCartney  
Sara Micholas  
Hayley Mildenberger  
Zachary Miller  
Lauren Nawojski  
Christopher Neino  
Brandi Pierog  
Emily Ratcliff  
Maxwell Swiatek  
Luke Szablewski  
Angeline Trede  
Noah Trzaska  
Brendan Walsh  
Grace Welch  
Noah Winiarski

## Top five Sophomores



Caitlin Bish    Julia Hartloff    Jacob Wilk    Olivia Nasternak    Alyssa Strimble

## Top five Freshmen



Jillian Szeluga    Mary Owczarczak    Daniel May    Sara Bojarski    Jeffrey Zoyhowski



# Looking for a Christmas Gift?

The Bookstore will be open on Thursday, Dec. 15, from 4:30-6:30 p.m.

Many new items are available in the Bookstore and will make perfect Christmas presents!

The closest entrance to the Bookstore is parking in the back of the school.

Once through the gates, enter the first door on your right.

— These items are Uniform Approved —

## Men's Navy Polo



\$30

## Women's Dri-fit



\$30

## Men's Lt Blue Polo



\$30

## Dri-Fit Shirt



\$50

## Kindness Can Change Tshirt



\$10

## Balance Shirt (Only in Men's Large)



\$20

## Pink Shirt



Short  
Sleeve

\$20

Long  
Sleeve

\$25

## Men's Sweatpants



\$35

## NIKE Dri-Fit (Navy - Gray - Light Blue)



Short  
Sleeve

\$20

Long  
Sleeve

\$25

## NEW Hoodie (Navy - Gray)



\$35

## Hoodie (Navy - Gray - Light Blue)



\$35

## Full-Zip Hoodie (Women's Navy Only)



\$45

## Men's Fleece (w/ pockets; not uniform approved)



\$40

## Head Band



\$10

## Stocking Cap



\$15

## Duffle Bag



\$30

## Planner



\$2

## Car Magnet



\$3

## Bumper Sticker



\$3

## Lanyard



\$3

## Charger



\$10

# Fame auditions taking place December 12 & 13

Auditions for the Spring Musical, *Fame*, will take place on Monday, Dec. 12, and Tuesday Dec. 13, from 2:30 to 4 p.m. Call Backs will be on Wednesday, Dec 14, from 2:30 to 4:30 p.m.



*Fame* tells the story of several students who attend the High School of Performing Arts, among them fame-obsessed Carmen, ambitious actress

Serena, wisecracking comedian/bad boy Joe, quiet violinist Schlomo, “talented but dyslexic” dancer Tyrone, determined actor Nick, overweight dancer Mabel, and poor dancer Iris. St. Mary’s last presented *Fame* in 2001.

More information regarding auditions is available from Ms. Ruhland or Mr. Kaminski.

## Join us for Christmas Show

The SMHS Fine Arts Department is looking forward to its upcoming Christmas Show. The show will be performed on two occasions: Wednesday, Dec. 21, at 7 p.m. and Thursday, Dec. 22, during the school day.

Performances will be given by the Dance Club, Dance Classes, and Glee Club. In addition, the Visual Arts Department will have new student artwork on display.



## Campus Ministry



### Got What?

Over the next weeks, one of the most frequently asked questions will be, “What do you want for Christmas?” The season of expectation is upon us. They range from wanting a pony to the latest electronic gadget. What we expect and what we get may not coincide.

The experience of the Jews at the time of the Nativity was similar. Relying on Isaiah’s teaching and prophesy, the Jews were anticipating a Messiah from the line of David and therefore a “David-

type” king. This king would restore Israel to its political, military, economic, and spiritual status; a king who would be anointed with sacred oil, wear a crown of gold, dressed in royal purple, and reign with pride. That was their expectation.

#### SURPRISE!!!

What they got was a Christ, anointed with His own blood, wore a crown of thorns, stripped of all clothing, and serving humbly. This “King of Kings” did not meet their expectations.

As we prepare to remember, recall, and celebrate the birth of Jesus, let us be mindful that His life and sacrifice are the best gifts we can receive – a gateway to God’s kingdom and a freedom from the effects of sin are eternal and “priceless”. Jesus’ presence is our present.

May the Father, Son, and Holy Spirit bestow on the St. Mary’s families a blessed, peaceful, and joyous Christmas.

Benedicat vos omnipotens Deus.  
twf+

## Lancer Parent Partnership Next meeting is Tuesday, Dec. 6

The Lancer Parent Partnership will hold their next committee meeting in the Library on Tuesday, Dec. 6, from 6 to 7 p.m. Please join us to hear about the events we have planned for 2017.

Also, don’t forget to send in your LPP membership. The \$10 membership will help support the Lancer Parent Partnership events and can be sent into the school office at any time.

If you would like more information about the events, Lancer Parent Partnership, or would like to be involved but are not able to attend the next meeting, please contact Kim Marino at [kim.marino@independenthealth.com](mailto:kim.marino@independenthealth.com) or Amanda Rebeck at [arebeck@smhlancers.org](mailto:arebeck@smhlancers.org).

### LPP Membership Drive

*The cost is only \$10 which goes toward programs for the students, teacher appreciation, and much more!*

**YES! I would like to join the Lancer Parent Partnership!**

Family Name

Student(s) and Grade:



# First Responders honored at Blue Mass



## Think Scrip for Christmas!

Have you heard about our Scrip gift card program? It is an ongoing fundraiser for our school in which you purchase gift cards at face value which the retailers sell to us at a discounted rate. The profit made through this program is split 50-50 between the St. Mary's and your tuition account. ***What an easy way to help the school and help save you a bit of money off tuition!***



Scrip may be ordered through the school website. Orders need to be placed by 10 a.m. Monday mornings and are sent home with

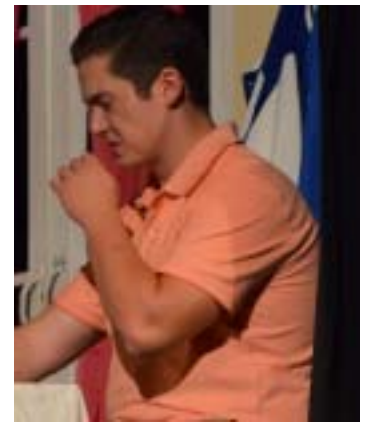
your student on Friday.

Looking for gift cards to give as Christmas Gifts? Scrip is the perfect place to order them!

Those with questions regarding the program should contact Carol Winiarski at [cwiniarski@smhlancers.org](mailto:cwiniarski@smhlancers.org).



# Theater Department presents Is There a Comic in the House?





# Men's Soccer wins title



*Congratulations to the Men's Soccer team who defeated Cardinal O'Hara by a score of 3-1 to capture the Small School Msgr. Martin Athletic Association title.*

# Women's BB wins Alden Tourney

The women's varsity basketball team opened their 2016-17 season by winning the Alden Tournament over Thanksgiving weekend.

They started the tournament by defeating Pembroke 62-16. In the Championship Game, the Lady Lancers beat Alden 69-22

Caroline Zanghi (left) was named tournament MVP and Lauren Najowski (right) was named to the All-Tournament Team.

# Hufford signs Letter of Intent



Senior Erin Hufford, a pitcher and outfielder of the St. Mary's Softball Team, recently signed a Letter of Intent to attend Canisius College where she plans to play softball for the Golden Griffins.

Erin is surrounded by her parents

Melissa and Kevin, her grandmothers Joyce Hufford and Mary Fial, her sister Bridget Kraska, as well as St. Mary's Athletic Director Brittany Heist and Assistant Softball Coach (and St. Mary's graduate) Mike Rapp.



# Successful end to XC season

Congratulations to Libby Benzer, Kayla Leo, and Anna Schmitz for representing St. Mary's in the Nike Regional

Championships.

They all ran spectacularly and represented St. Mary's well.



# Senior sings Bills' anthem

St. Mary's senior Anna Heerd had the privilege of singing the National Anthem at the Bills/Jaguars Game on November 27 at New Era Field.

To read about Anna's experience, here is an article from The Buffalo News: [buffalonews.com/2016/11/25/lancaster-teen-sing-national-anthem-sundays-bills-game](http://buffalonews.com/2016/11/25/lancaster-teen-sing-national-anthem-sundays-bills-game). You can also see her singing at <http://www.buffalobills.com/video/videos/Watch-Buffalo-Bills-Honor-Armed-Forces/b99ddc1d-a983-49cb-a881-4a0dd662369e>.



# – Winter Sport Schedules –

## Men's Varsity & JV Basketball

Tues, Dec 6 6/7:30pm vs. Fredonia  
 Fri, Dec 16 6:30pm @ West Seneca East @ Depew HS – ECIC Challenge  
 Wed, Dec 21 6pm @ City Honors (Depew Tournament) VARSITY ONLY  
 Thurs, Dec 22 6pm @ City Honors (Depew Tournament) JV ONLY  
 Friday, Dec 23 time TBA @ TBA (Depew Tournament)  
 Tues, Dec 27 time TBA – Five Guys Tournament - Varsity @ Will North; JV @ Will East  
 Wed, Dec 28 time TBA @ TBA (Five Guys Tournament)  
 Thurs, Dec 29 time TBA @ TBA (Five Guys Tournament)  
 Tues, Jan 3 6/7:30pm vs. Niagara Catholic  
 Wed, Jan 4 6pm @ West Seneca East– JV ONLY  
 Fri, Jan 6 5/6:30pm @ O' Hara  
 Tues, Jan 10 6pm vs. Amherst– JV ONLY  
 Wed, Jan 11 6:30pm @ Walsh– VARSITY ONLY  
 Fri, Jan 13 4:30/7:30pm @ Nichols  
 Tues, Jan 17 4:30/6/7:30pm vs. St. Joe's  
 Thurs, Jan 19 5/6:30pm @ CCA  
 Sat, Jan 21 12:30pm/2pm vs. vs. Lancaster  
 Wed, Jan 25 4/5:30/7pm @ Canisius  
 Fri, Jan 27 6/7:30pm vs. O'Hara  
 Mon, Jan 30 4:30/6/7:30pm vs. Timon  
 Wed, Feb 1 5/6:30pm @ Park  
 Mon, Feb 6 6/7:30pm vs. CCA  
 Thurs, Feb 9 5:30/7pm @ Starpoint  
 Fri, Feb 10 6/7:30pm @ Niagara Catholic  
 Tues, Feb 14 6:30pm vs. Walsh– VARSITY ONLY  
 Thurs, Feb 16 6/7:30pm vs. Nichols  
 Fri, Feb 17 6/7:30pm vs. North Tonawanda  
 Tues, Feb 21 4/5:30/7pm @ St. Francis

## Men's Freshmen Basketball

Thurs, Dec 8 5pm vs. Lockport  
 Tues, Dec 13 6pm @ Clarence  
 Thurs, Dec 15 6:30pm @ Jamestown  
 Thurs, Dec 22 6pm vs. Lancaster  
 Friday, Dec 23 4pm vs. Canisius  
 Wed, Jan 4 5:30pm vs. St. Francis  
 Fri, Jan 13 5pm @ Lancaster  
 Tues, Jan 17 4:30pm vs. St. Joe's  
 Thurs, Jan 19 5pm @ Lockport  
 Wed, Jan 25 4pm @ Canisius  
 Mon, Jan 30 4:30pm vs. Timon  
 Tues, Feb 7 6:30pm vs. Jamestown  
 Thurs, Feb 9 6pm vs. Clarence  
 Wed, Feb 15 4pm @ St. Joe's  
 Tues, Feb 21 4pm @ St. Francis

## Women's Varsity & JVA Basketball

Thurs, Dec 1 6pm @ Maryvale – JV ONLY (Maryvale Tournament)  
 Fri, Dec 2 6pm @ Maryvale – VARSITY ONLY (Maryvale Tournament)  
 Sat, Dec 3 JV –1:30pm, V – 3:30/5pm vs. TBA (Maryvale Tournament)  
 Wed, Dec 7 5:30/7pm vs. Nichols (non-league)  
 Thurs, Dec 16 5:30/7pm vs. Nardin (non-league)  
 Sat, Dec 17 5pm @ Walsh – VARSITY ONLY (non-league)  
 Tues, Dec 20 5:30/7pm vs. Holland (non-league)  
 Thurs, Dec 22 6/7:30pm @ Ken East (non-league)  
 Fri, Jan 6 4:30/6/7:30pm @ Sacred Heart  
 Mon, Jan 9 4:30/6pm @ O'Hara  
 Wed, Jan 11 5:30/7pm vs. Park  
 Mon, Jan 16 6pm vs. Walsh – VARSITY ONLY (non-league)  
 Mon, Jan 23 5:30/7pm vs. Mount St. Mary's  
 Wed, Jan 25 5:30/7pm vs. Mt. Mercy  
 Fri, Jan 27 4:30/6pm @ Nichols  
 Mon, Feb 6 4:30/6pm @ Nardin  
 Wed, Feb 8 5:30/7pm vs. Niagara Catholic  
 Fri, Feb 10 6/7:30pm @ Lancaster (non-league)  
 Mon, Feb 13 6pm @ Buffalo Seminary – VARSITY ONLY  
 Fri, Feb 17 4:30pm vs. CCA – JV ONLY

## Women's JV B Basketball

Fri, Dec. 16, 4:30pm, vs. CCA  
 Wed, Dec. 21, 4:30pm, vs. CCA  
 Fri, Jan. 6, 4:30pm, @ Sacred Heart JV B  
 Wed, Jan. 11, 5pm, @ Nardin JV B  
 Fri, Jan. 13, 4:30pm, @ Nichols JV  
 Thurs, Jan. 18, 5pm, vs. Sacred Heart JV B  
 Tues, Jan. 24, 5pm, vs. Nardin JV B  
 Thurs, Feb. 2, 4:30pm, @ Mount St. Mary's  
 Tues, Feb. 7, 4:30pm, vs. Nichols JV

**Schedules are subject to change, especially due to the weather. Updates are available at [smhlancers.org](http://smhlancers.org)**

## Women's Bowling

*All matches begin at 4pm at Classics Lanes*  
 Thurs, Dec 1 vs. Mt. Mercy – Lanes 33/34  
 Tues, Dec 6 vs. Nardin – Lanes 31/32  
 Thurs, Dec 8 vs. O'Hara – Lanes 33/34  
 Tues, Dec 13 vs. Park – Lanes 31/32  
 Thurs, Dec 15 vs. Sacred Heart  
 Tues, Dec 20 vs. Buff Sem – Lanes 33/34  
 Tues, Jan 3 vs. Mount St. Mary's – Lanes 31/32  
 Thurs, Jan 5 vs. Mt. Mercy – Lanes 29/30  
 Tues, Jan 10 vs. Nardin – Lanes 33/34  
 Thurs, Jan 12 vs. O'Hara – Lanes 29/30  
 Tues, Jan 17 vs. Park – Lanes 33/34  
 Thurs, Jan 19 vs. Sacred Heart – Lanes 31/32  
 Tues, Jan 24 vs. Buff Sem – Lanes 29/30  
 Thurs, Jan 26 – Position Round  
 Tues, Jan 31 – All Catholics

## Women's Hockey

Thurs, Dec. 1, 4:30pm, @ OP/ Frontier (Nike Base)  
 Mon, Dec. 5, 4:30pm, vs. Ken./G.I. (Riverworks)  
 Thurs, Dec. 8, 4:30pm, vs. Williamsville (North Buffalo)  
 Fri, Dec. 9, 5:30pm, @ WS/Ham (West Seneca)  
 Mon, Dec. 12, 4:30pm, vs. Amh./ S.H./Clar. (Riverworks)  
 Thurs, Dec. 22, 4:30pm, vs. Lanc./ Iroq (North Buffalo)  
 Fri, Dec. 23, 4pm, @ Williamsville (Northtown)  
 Tues, Jan. 3, 4pm, @ Williamsville (Northtown)  
 Thurs, Jan. 5, 5:30pm, @ Amh/SH/ Clar (Northtown)  
 Fri, Jan. 6, 5:30pm, @ WS/Ham (West Seneca)  
 Tues, Jan. 10, 7:40pm, @ Ken/GI (Lincoln)  
 Thurs, Jan. 12, 4:30pm, vs. OP/ Frontier (North Buffalo)  
 Tues, Jan. 17, 4pm, @ Lanc/Iroq (Holiday)  
 Thurs, Jan. 19, 4:30pm, vs. Ken/GI (North Buffalo)  
 Mon, Jan. 23, 4:30pm, vs. OP/ Frontier (Riverworks)  
 Wed, Jan. 25, 4pm, @ Amh/SH/Clar (Northtown)  
 Thurs, Jan. 26, 4:30pm, vs. WS/ Hamburg (North Buffalo)  
 Tues, Feb. 14, 6-10:20pm – Quarterfinals (Northtown)  
 Thurs, Feb. 16, 7 & 8:30pm – Semifinals (Northtown)  
 Sun, Feb. 26 – Championship (Harbor Center)

## Men's Bowling

*All matches begin at 4pm at Classics Lanes*  
 Thurs, Dec 1 vs. Canisius – Lanes 9/10  
 Tues, Dec 6 vs. St. Joe's – Lanes 13/14  
 Thurs, Dec 8 vs. O'Hara – Lanes 11/12  
 Tues, Dec 13 vs. Timon – Lanes 15/16  
 Thurs, Dec 15 vs. CCA – Lanes 9/10  
 Tues, Jan 3 – Position Round  
 Thurs, Jan 5 vs. Park – Lanes 13/14  
 Tues, Jan 10 vs. St. Francis – Lanes 15/16  
 Thurs, Jan 12 vs. Canisius – Lanes 11/12  
 Thurs, Jan 19 vs. St. Joe's – Lanes 11/12  
 Thurs, Jan 26 vs. O'Hara – Lanes 15/16  
 Thurs, Feb 2 vs. Timon – Lanes 15/16  
 Tues, Feb 7 vs. CCA – Lanes 9/10  
 Thurs, Feb 9 – Position Round  
 Tues, Feb 14 – All-Catholics  
 Sat, Mar 4 – CHSAA Bowling (States)

## Men's Hockey

Sat, Dec 3, 8pm, vs. St. Joe's (Lafayette, North Buffalo)  
 Sun, Dec 4, 6:30pm, vs. Lancaster (Harbor Center)  
 Wed, Dec 14, 9pm, vs. Starpoint (Cheektowaga Town Ice Rink)  
 Fri, Dec 23, 1:30pm, vs. Jamestown (OP Xmas Tourney) (Leisure Rinks – Rink 2)  
 Fri, Dec 23, 7pm, vs. Canisius (Leisure Rink)  
 Tues, Dec 26, 8:15pm, vs. Depew (OP Xmas Tourney) (Leisure Rinks – Rink 2)  
 Wed, Dec 27, 12:15pm, vs. Canisius (OP Xmas Tourney) (Leisure Rinks – Rink 1)  
 Thurs/Fri, Dec 28,29 – Quarters / Semis / Finals of OP XMas Tourney  
 Fri, Jan 6, 9pm, vs. Canisius (Cheektowaga Town Ice Rink)  
 Sat, Jan 14, 9pm, vs. Cheektowaga (Cheektowaga Town Ice Rink)  
 Sun, Jan 15, 4pm, vs. Lancaster (Depew Ice Rink)  
 Mon, Jan 16, 12noon, vs. Orchard Park (Cheektowaga Town Ice Rink)  
 Sat, Jan 21, 7:50pm, vs. Starpoint (Hockey Outlet)  
 Wed, Jan 25, 9pm, vs. Lancaster (Cheektowaga Town Ice Rink)  
 Sat, Jan 28, 8pm, vs. Orchard Park (Depew Ice Rink)  
 Sun, Feb 5, 4pm, vs. Cheektowaga (Depew Ice Rink)  
 Sat, Feb 11, 8pm, vs. St. Joe's (Lafayette, North Buffalo)  
 Sun, Feb 12-18 – Playoffs



# December 2016 Menus



**Chef Manager – Tristan Hall**  
 (Please note – menus are subject to change)

**— Breakfast —**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Breakfast Burrito <i>Tater Tots (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>2</b> Bacon & Egg Biscuit <i>Fresh Fruit (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>
<b>5</b> Breakfast Sandwich <i>Fruit Cup (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>6</b> Sausage & Egg Bagel <i>Hash Brown Patty (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>7</b> Breakfast Flatbread <i>Fruit Yogurt (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>8</b> French Toast Sticks <i>(v)</i> <i>Bacon</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>9</b> Ham & Egg on Brioche <i>Fresh Fruit (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>
<b>12</b> Breakfast Tacos <i>Hash Brown Patty (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>13</b> French Toast Sticks <i>(v)</i> <i>Sausage Links</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>14</b> Breakfast Pizza <i>Fresh Fruit (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>15</b> Breakfast Sandwich <i>Fruit Yogurt (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>16</b> Bacon, Egg & Cheese on Bagel <i>Hash Brown Patty (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>
<b>19</b> Sausage & Egg Biscuit <i>Fresh Fruit (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>20</b> Hag, Egg & Cheese Sandwich <i>Hash Brown Patty (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>21</b> French Toast Sticks <i>(v)</i> <i>Sausage Links</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>22</b> Bacon, Egg & Cheese Croissant <i>Fresh Fruit (v)</i> <i>Assorted Muffins, Pastry, Cereal, Bagels, Fruit (v)</i>	<b>23</b> No School
<b>26</b> No School	<b>27</b> No School	<b>28</b> No School	<b>29</b> No School	<b>30</b> No School

**Complete Meal Includes:**  
 1 Entree,  
 Choice of Side (*blue italic*),  
 milk or bottled water ...\$4.00  
 1 Entree,  
 Choice of Side (*blue italic*),  
 Intense Milk .....\$5.00

**Served Daily:**  
 Entrees .....\$3.25  
 Salad – Large (v) .....\$3.00  
 Salad – Small (v) .....\$2.00  
 Fresh Made Soup .....\$1.25  
 Cold Sub, Wrap .....\$3.25  
 Intense Milk .....\$1.50  
 Milk 1/2 pint .....\$0.75  
 Juice Cup .....\$0.50  
 Bottled Water .....\$1.00  
 Pizza, all varieties .....\$2.50

**Breakfast a la Carte:**  
 Breakfast Sandwich .....\$3.25  
 Bagel; 4 oz. with Butter ...\$1.20  
 Cream Cheese .....\$0.60  
 Hash Brown Patty .....\$0.50  
 French Toast Sticks (5) ...\$1.85  
 Greek Yogurt .....\$1.60  
 Fresh Fruit Cup .....\$1.75

**Lunch a la Carte:**  
 Fresh Baked Cookie .....\$0.55  
 2 for \$1.00  
 Nachos .....\$1.75  
 Bag of Chips .....\$1.25

**Symbols:**  
 (v) = vegetarian  
 (wg) = whole grain  
 \* = Better Choice Healthy  
 Entrees (choosemyplate.gov)

**Prepayment:**  
 Go to  
 myschoolbucks.com, create an account, and make payment.  
 Students can also prepay in the lunch line with cash or check (made payable to **Personal Touch Food Service**, with the student ID number on it).

**— Lunch —**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Alfredo Chicken Tortellini <i>Garden Salad</i> <i>Garlic Break Stick</i>	<b>2</b> Breaded Fish Sandwich with Coleslaw <i>Steak Fries</i> <i>Vegetable Medley</i>
<b>5</b> Pork Chop with Applesauce <i>Fresh Green Beans</i> <i>Seasoned Brown Rice</i>	<b>6</b> Taco Tuesday – Beef or Chicken Tacos <i>Mexican Rice</i> <i>Spanish Black Beans</i>	<b>7</b> Beef Goulash with Breadstick <i>Italian Blend</i> <i>Vegetables</i> <i>Garden Salad</i>	<b>8</b> Sahlen’s Hot Dog on Bun <i>Tater Tots</i> <i>Roasted Vegetables</i>	<b>9</b> 3-Cheese Macaroni & Cheese <i>Seasoned Vegetables</i> <i>Fruit Cup</i>
<b>12</b> Cheesy Ravioli with Breadstick <i>Garden Salad</i> <i>Fruit Yogurt</i>	<b>13</b> Taco in a Bag (Doritos) <i>Mexican Corn</i> <i>Refried Beans</i>	<b>14</b> Crispy Chicken Patty Sandwich on Costanzo Roll <i>Steak Fries</i> <i>Roasted Cauliflower</i>	<b>15</b> Orange Glaze Roasted Chicken <i>Rice Pilaf</i> <i>Steamed Broccoli</i>	<b>16</b> Philly Cheesesteak Sub with Peppers & Onions <i>Tater Tots</i> <i>Diced Peaches</i>
<b>19</b> Meatball Bomber Sub <i>Garden Salad</i> <i>Yogurt/Fruit Cup</i>	<b>20</b> Fiesta Dinner with Tortilla Chips <i>Spanish Rice</i> <i>Spanish Corn</i>	<b>21</b> Penne Pasta with Meat Sauce <i>Garlic Breadstick</i> <i>Seasoned Green Beans</i>	<b>22</b> Assorted Pizza (Cheese & Pepperoni or Vegetable) <i>Tater Tots</i> <i>Fruit Yogurt</i>	<b>23</b> No School
<b>26</b> No School	<b>27</b> No School	<b>28</b> No School	<b>29</b> No School	<b>30</b> No School

**Many Al a Carte Items also available after school!**

**What if ...up to 26% of each purchase you made went to your favorite worthy cause?**  
 Shopping at hundreds of online stores helps St. Mary’s High School with each purchase!  
 It’s all free & private. Join today and change online shopping for good. Go to [igive.com](http://igive.com) for more information.





# December 2016 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1 - D Day</b> NHS Tutoring 2:30pm <i>WJVABB @ Maryvale</i> MBowl vs. Canisius WBowl vs. Mt. Mercy WHock @ OP/Front	<b>2 - E Day</b> Jeans Day for Charity (\$2) <i>VarWBB @ Maryvale</i>	<b>3</b> SAT Testing Day <i>WBB @ TBA (Maryvale)</i> MHock vs. St. Joe's
<b>4</b> MHock vs. Lancaster	<b>5 - F Day</b> Student Senate 2:30pm <i>WHock vs. Ken/GI</i>	<b>6 - A Day</b> Curriculum Meeting 2:30pm <i>MBB vs. Fredonia</i> MBowl vs. St. Joe's WBowl vs. Nardin	<b>7 - B Day</b> <i>WBB vs. Nichols</i>	<b>8 - C Day</b> Ext HR / PM Lit Schedule (Class Meetings / Imm Conception) NHS Tutoring 2:30pm Math Club 2:30pm <i>FreshBB vs. Lockport</i> MBowl vs. O'Hara WBowl vs. O'Hara WHock vs. Williamville <b>Liturgy Dress</b>	<b>9 - D Day</b> Cap & Gown Measuring during Lunches Snowball Dance 8-11pm <i>WHock vs. Amh/SH/Clar</i>	<b>10</b> ACT Testing Day
<b>11</b>	<b>12 - E Day</b> Student Senate 2:30pm Musical Auditions 2:30pm	<b>13 - F Day</b> NHS 2:30pm Musical Auditions 2:30pm <i>FreshBB @ Clarence</i> MBowl vs. Timon WBowl vs. Park	<b>14 - A Day</b> Special Schedule (Reconciliation) Calendar Mtg 11am Musical Callbacks 2:30pm <i>MHock vs. Starpoint</i>	<b>15 - B Day</b> NHS Tutoring 2:30pm Campus Min 2:30pm <i>FreshBB @ Jamestown</i> MBowl vs. CCA WBowl vs. Sac Heart	<b>16 - C Day</b> Eucharistic Adoration <i>MBB @ WSE (Depew)</i> WBB vs. Nardin <i>WJVBBB vs. CCA</i>	<b>17</b> <i>VarWBB @ Walsh</i>
<b>18</b>	<b>19 - D Day</b> Student Senate 2:30pm	<b>20 - E Day</b> <i>WBB vs. Holland</i> WBowl vs. Buff Sem	<b>21 - F Day</b> Christmas Show 7pm <i>Var MBB @ City</i> Honors (Depew Tourney) <i>WJVBBB vs. CCA</i>	<b>22 - A Day</b> Special Schedule (Christmas Liturgy / Christmas Show) Faculty/Staff Meeting 2:30pm <i>JVMBB @ City</i> Honors (Depew Tourney) <i>FreshBB vs. Lancaster</i> WBB vs. Ken East WHock vs. Lanc/Iroq	<b>23</b> <b>NO SCHOOL</b> Christmas Break Offices Closed <i>MBB @ TBA (Depew Tourney)</i> <i>FreshBB vs. Canisius</i> <i>WHock @ Williamville</i> <i>MHock vs. Jamestown &amp; Canisius</i> <b>No School</b>	<b>24</b>
<b>25</b> Christmas Day	<b>26</b> <b>NO SCHOOL</b> Christmas Break Offices Closed <i>MHock vs. Depew</i>	<b>27</b> <b>NO SCHOOL</b> Christmas Break Offices Open 8am-1pm <i>Var MBB @ Will North (Five Guys Tourney)</i> <i>JVMBB @ Will East (Five Guys Tourney)</i> <i>MHock vs. Canisius</i>	<b>28</b> <b>NO SCHOOL</b> Christmas Break Offices Open 8am-1pm <i>MBB @ TBA (Five Guys Tourney)</i> <i>MHock -OP Tourney</i>	<b>29</b> <b>NO SCHOOL</b> Christmas Break Offices Open 8am-1pm <i>MHock - OP Tourney</i>	<b>30</b> <b>NO SCHOOL</b> Christmas Break Offices Closed	<b>31</b>
	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	
<b>1</b> New Year's Day	<b>2</b> <b>NO SCHOOL</b> Christmas Break Offices Closed <b>No School</b>	<b>3 - B Day</b> Curriculum Committee 2:30pm <i>MBB vs. Niagara Catholic</i> MBowl - Pos Round WBowl vs. Mt. St. Mary's <i>WHock @ Williamville</i>	<b>4 - C Day</b> <i>JVMBB @ WSE</i> <i>FreshBB vs. St. Francis</i>	<b>5 - D Day</b> NHS Tutoring 2:30pm <i>MBowl vs. Park</i> <i>WBowl vs. Mt. Mercy</i> <i>WHock @ Amh/SH/Clar</i>	<b>6 - E Day</b> Ext HR / PM Lit Schedule (Class Meetings / Epiphany Liturgy) <i>MBB @ O'Hara</i> <i>WBB @ Sacred Heart</i> <i>WHock @ WS Hamb</i> <i>MHock vs. Canisius</i> <b>Liturgy Dress</b>	<b>7</b>

# In the December issue of *Currents*

- *Volleyball team wins State Championship*
- *14 inducted into National Honor Society*
- *Congratulations, Honor Roll Students*
- *Pictures from Blue Mass / Fall Play*
- *December Menus / Calendar*
- *And much more!*

**For the latest news about  
St. Mary's High School,  
go to [www.smhlancers.org](http://www.smhlancers.org)  
and follow us on**



St. Mary's High School  
Lancaster NY



stmaryslancers



stmaryslancers

## *Blessing the Junior Class*



*As part of the Thanksgiving Celebration, St. Mary's Faculty  
blessed the members of the Junior Class.*

*Preparing young men and women for college and beyond*

LANCASTER, NY 14086-1849  
142 LAVERACK AVENUE

**ST. MARY'S HIGH SCHOOL**

