

CURRENTS

Freshmen, what will your first weeks be like?

When do you start?

Your first day of classes as freshmen will be Wednesday, Sept. 3. On that day, the only other students in the building will be your mentors. You will be dismissed at 11:30 a.m. Bus transportation will be available that day, both before and after school.

Where do you go?

When you get to St. Mary's, you will report to homeroom. The lists of homeroom assignments will be posted in the hallway.

What do you need to bring?

A book bag/back pack - that's all.

During homeroom, you will be given a locker assignment and a lock. (All locks for lockers MUST be issued by St. Mary's High School.) You will also receive a folder with paper and a pen to use for the rest of the day.

When you meet with your teachers, they will give you a few things. First, they will give you your textbooks. Also, they will be giving you their course expectations. This will list their grading policy as well as

The First Two Weeks of School				
Mon., Sept. 1 No School Labor Day	Tue., Sept. 2 No School Faculty/Staff Orientation 8am - 2:30pm	Wed., Sept. 3 A-Day FRESHMEN ONLY 11:30 a.m. DISMISSAL Faculty/Staff Meetings 11:30am-2:30pm	Thur., Sept. 4 A-Day ALL STUDENTS FULL DAY	Fri., Sept. 5 B-Day ALL STUDENTS FULL DAY
Mon., Sept. 8 C-Day Special Schedule Student Pictures Opening Liturgy Class Meetings Orientation Student Senate 2:30pm	Tue., Sept. 9 C-Day Fall Play Auditions 2:30-4:30pm	Wed., Sept. 10 D-Day Principal's Ad Board Meeting 2:30 p.m. Fall Play Auditions 2:30-4:30pm	Thur., Sept. 11 E-Day	Fri., Sept. 12 F-Day Fall Play Callbacks 2:30-5pm Opening Dance sponsored by Student Senate 8-11pm

what they expect you to do in their class. You will also receive a list of supplies you will need for each class.

We want your first day to be as pleasant as possible. If you have any

questions, please contact Mr. Grieco, Enrollment Director, or Mrs. Whitwood, Counselor for the Class of 2018.

We look forward to seeing you on September 3!

St. Mary's revising school lunch program

After much discussions among St. Mary's personnel, and in consultation with other Catholic schools, St. Mary's High School has made the decision to no longer participate in the State and Federal School Lunch Program.

According to St. Mary's President Mark Tramont, the decision was made due in part to the program's restrictive and costly guidelines.

"Over the last few years, we have seen a decline in the number of students buying lunches and an increase in concerns about the variety and amount of food offered," Mr. Tramont said. "Thus, we have decided to take our lunch program in a different direction."

Mr. Tramont explained that the school is presently in negotiations with outside companies to provide hot, healthy, restaurant-style lunches to the St. Mary's community.

"We are still working out final details but are in the process of putting together a program that will bring to the students, faculty, and staff a program that is nutritious."
 (Continued on page 5)

August Currents only issue mailed; others available electronically

The August issue of *Currents* is the only issue which is always printed and mailed home to all families of St. Mary's High School.

Issues the rest of the year will be e-mailed directly to families using the SchoolReach information. They will also

be available electronically at the St. Mary's website (smhlancers.org).

Those who would like printed copies should email Mr. Kidder (kkidder@smhlancers.org). Copies may also be picked up in the Main Office.

What are your New (School) Year Resolutions?

Dear Friends,

As the new school year is about to begin, I am making several resolutions. Feel free to use them as well:

1. Try new things. I'm embarrassed to say that I have never been to a St. Mary's soccer or lacrosse game or attended Fine Arts Night. I resolve that I'm going to do these this year. How about you? Is there something that you never tried (club, organization, sport, or activity), whether because of time or distance or whatever reason you have? Give it a shot. You may discover something new and exciting.

2. Meet new people. Yes, we will be meeting with new freshmen and transfer students and teachers, but are there people who have been in the school that you never talked to before? Perhaps you will find a new friend along the way.

3. Rethink the way you do things. I'm being forced into this, because many of the computer programs I have been using are disappearing, but the New Year is also a perfect excuse to "shake up" your day. How about getting up a little earlier? Studying before dinner instead of after? "I've always done it this



help you look at the problem with a different perspective.

As with any New Year's Resolution, there is no guarantee that these will help you, but it's a place to start to perhaps make your life a little better.

I hope that you have an awesome August! See you in September!

Director of Special Programs

way," should never be an excuse not to try a different approach to the way you do things.

4. Read more. I don't mean to read more postings on Twitter or Facebook. How about picking up a newspaper once in a while? Or even a book? You may be surprised to find that what you are learning in your classes is actually very relevant to what is going on in the world today.

5. Ask for more help. There is no shame in getting assistance for the project you are working on. Your parents or siblings or friends may be able to lighten your burden, even if it's to

Please update SchoolReach information

Again this year, St. Mary's will be utilizing the telephone and e-mail broadcast system called SchoolReach. This system enables the school to notify all households and parents by phone of an emergency or unplanned event that causes early dismissal, school cancellation, or late start. The service is also used to communicate via phone and/or e-mail

general announcements, reminders, and other information important to the members of the St. Mary's community.

In an important effort to make the best and most accurate use of the SchoolReach Instant Parent Contact System, we are asking that you fill out the following Information Update Form with the requested necessary informa-

tion if you need to update your contact information or wish to add additional phone numbers. Because many students have their own phones and e-mail addresses, they may also be included in the Contact System. Please note – we will use the contact information system you provided previously unless you wish to update your information.

SchoolReach Contact Information Update Form – 2014-15

Family Name: _____

Student #2 Name: _____

Primary Number: _____

Primary Number: _____

Secondary Number: _____

Secondary Number: _____

E-Mail Address: _____

E-Mail Address: _____

Student #1 Name: _____

Student #3 Name: _____

Primary Number: _____

Primary Number: _____

Secondary Number: _____

Secondary Number: _____

E-Mail Address: _____

E-Mail Address: _____

Student contact information is optional – Thank you for your assistance with this program.

Please be sure to return this form to the St. Mary's Main Office as soon as possible.

- Notes from the Health Office -

Fall Sports, Medication, Screening, Hand Sanitizers

Fall Sports

Anyone playing sports must have a current physical on file in the Health Office. Students interested in playing a fall sport must complete and turn in the green Interval Health History form that is included in this mailing. This form must be turned in on/before the dates listed below. In addition, every student who plans on playing a fall sport must have submitted a current physical to the Health Office by August 1st.

Failure to comply will result in not being able to start practice with the rest of the team. Extra forms are available in the Main Office and on the school website under the "Parent/Health" section. If you have any questions, please call Mrs. Murphy at 683-4824, ext. 220.

Table with 3 columns: Sport, Physical must have been performed on or after this date and be on file in the Health Office, Interval Health History (IHH) must be completed by parent/guardian and returned to the Health Office by this date. Row 1: All Fall Sports, August 1, 2013, August 8, 2014

Policy Regarding Medication in School

Forms are available in the Main Office and the Health Office and on the school

website.

All medication, including non-prescription drugs such as Tylenol, Motrin, etc., given in school must be prescribed by a licensed medical doctor. A written request from the physician must be on file. This request must indicate the dosage and frequency of the prescribed drug. A written request from the parent to administer medication must be on file. The parent must assume responsibility to have the medication delivered to the Health Office in a properly labeled original container.

Annual Screening

Your student's health is important to achievement in school. There are health screenings that the school nurse will begin in September in Physical Education classes. All students will have their heights and weights measured. Freshmen will have scoliosis screening if this was not completed by their primary physician at the time of their physical exam. Students new to Lancaster Schools and 10th grade students receive vision and hearing screening. Please remind your student to wear contacts or have his/her glasses on a regular basis. This will give us the correct results in our testing and save you unnecessary visits to your eye

doctor. You will be notified in writing if your student has any difficulty with the screenings. If, at anytime during the school year, you feel that your student is having difficulty, please contact the school nurse, Mrs. Murphy.

If you have any questions, please call the school nurse, Mrs. Murphy, at 683-4824, ext. 20.

Policy Regarding Hand Sanitizer Use

The use of Hand Sanitizer has been approved by our Chief Medical Officer for use in our school. He did advise that hand washing with soap and water is best, but he did approve the use of the hand sanitizer for use when soap and water is not readily available.

If any parents/guardians object to the use of hand sanitizer for their students, please send in a note requesting that to the Health Office, and we will make faculty/staff aware.

Below are a few links for information regarding hand sanitizer use

- www.schoolhealthservicesny.com/uploads/Alcohol%2520Based%2520Hand%2520Sanitizers.pdf
• www.schoolhealthservicesny.com/uploads/Memo%20on%20hand%20sanitizers.pdf

2014-2015 Calendar Highlights

Included in this mailing is the 2014-15 St. Mary's High School School Calendar.

Below please find a summary of days off and dates of important school activities.

- Sept. 3 - First day for Freshmen (11:30 a.m. dismissal)
• Sept. 4 - Full Day for all Students
• Sept. 8 - Student ID Photos / Class Meetings / Orientation / Opening Liturgy
• Sept. 8 - Meet the Teacher Night 6pm
• Sept. 18 (half day) & 19 (no school) - Open House for Prospective Students
• Oct. 13 - Columbus Day
• Oct. 15 - Standardized Testing Day (11:30 a.m. dismissal); Senior College Visitation Day
• Nov. 4 - Faculty/Staff Inservice, Election Day
• Nov. 7 & 8 - Fall Play

- Nov. 11 - Veterans Day
• Nov. 26 (half day), 27 & 28 - Thanksgiving Break
• Dec. 22 to Jan. 2 - Christmas Break
• Jan. 19 - Dr. Martin Luther King Jr. Day
• Jan. 26-29 - January Exams
• Jan. 30 - Faculty/Staff Retreat
• Feb. 6 - Faculty/Staff Inservice / Lancer Auction
• Feb. 16-20 - Winter Break
• March 19-21 - Spring Musical
• March 20 - Administrative Day
• April 2-10 - Spring / Easter Break
• May 21 - Junior/Senior Prom
• May 22-25 - Memorial Day Weekend
• May 31 - Baccalaureate Mass / Senior Family Brunch
• June 3 - Graduation
• June 9 - Last Day of Classes
• June 11-24 - June/Regents Exams

Classic Car Show, Chicken BBQ & Car Wash. Celebrating our 19th Year Sunday, August 17th 12 noon to 4 p.m. Rain or Shine!!

Upcoming Events for Freshmen / Transfer Students

Freshman Mixer

Thursday, Aug. 7 • 6:30 p.m.

Incoming freshmen will have the opportu-

nity to meet new classmates and upper classmen. This event is run by the St. Mary's Student Senate.

Parents are also welcome to attend (see box).

Parent Partnership hosts Freshman Parent Mixer

The St. Mary's Lancer Parent Partnership invites all parents of incoming freshmen to a Parent Mixer on Thursday, Aug 7, from 6:30-8:30 p.m. at St. Mary's High School.

The Parent Mixer is being held at the same time as the Freshman Mixer.

Here are some of the planned activities for the Parent Mixer:

- All parents attending can enter their freshman's name in a special electronic drawing. MUST be present to win!
- Meet other freshman parents and

learn about upcoming St. Mary's events.

- Play St. Mary's Trivia with a chance to win St. Mary's logo items and other prizes.
- Ask our Student Panel questions about what it's like to be a member of the St. Mary's family.
- Enjoy an ice cream social!

Registration takes place at 6:30 p.m.; the program begins at 6:45 p.m.

To make sure there is enough ice cream, RSVP to Mr. Steven Grieco at 683-4824, Ext. 237, by August 5.

New Student Orientation

Wednesday, Aug. 27 • 6:30 p.m.

Incoming freshmen, transfer students, and parents will learn more about the school, review policies, and meet the school leadership team. Students will be matched up with the mentors, walk through their schedules, and register for the InfoNOW accounts.

First Day for Freshmen

Wednesday, Sept. 3

11:30 a.m. dismissal (see page 1 for more information)

First Day for All Students

Thursday, Sept. 4

For more information on any of these events, contact Mr. Grieco at 683-4824, ext. 237 or sgrieco@smhlancers.org.

Wanted – Parent Assistants

St. Mary's High School is looking for parents for various positions for the 2014-15 School Year. Parents filling these positions will earn Tuition Credit for their work.

Positions available include:

Main Office Assistant

Hours: 10 a.m. to 1 p.m.

Duties: Answer phone, welcome visitors, sort mail, provide lunch break for Main Office Secretary, assist with various projects (mailouts, copying, proof reading, assembling programs, etc.), other duties as necessary

Credit Available: Please contact Mrs. Adams (683-4824, ext. 226 or madams@smhlancers.org)*

Lunch Monitor

Hours: 10:45 a.m. to 1:15 p.m.

Duties: Monitor students, sign out students, clean tables between and after lunches, assist with post-lunch cafeteria cleaning, other duties as necessary

Credit Available: Please contact Mrs. Adams (683-4824, ext. 226 or madams@smhlancers.org)*

** Credit to be taken off of your student's tuition will be based on the actual number of hours worked. Exact amount credited will appear on your Tuition Account Information.*

To apply for these positions, or for more information, contact Mark Tramont at 683-4824 or mtramont@smhlancers.org

Report Cards to only be printed at end of first quarter

The Administration of St. Mary's High School has made the decision that the school will only print students' report cards following the first quarter, which ends in November. These report cards will be distributed at the First Quarter Follow-Up, which takes place on Monday, Nov. 17, from 5 to 7 p.m.

The report cards for the other quarters will be available through the InformationNOW Student Information System. Families will be notified when the report cards are available for viewing. More information regarding report cards will be available nearer to the end of each quarter.

Seeking student volunteers

Are you looking for some service opportunities? Want to add some great experiences to your resume? And want to help out St. Mary's High School?

St. Mary's is presently looking for student volunteers for the following groups:

- **Student Event Management Team** – to help at special events
 - **Student Assistant Athletic Directors** – to help run various sporting events
- For more information on these positions, contact Mr. Kelleher at kkelleher@smhlancers.org.

Performing Arts Dates

The Performing Arts Program is a very active part of St. Mary's High School.

Last year, nearly one-third of the school was involved in performing arts in some way, whether as actors, singers, dancers, managers, tech crew, or designers.

To assist students prepare for the upcoming Performing Arts Season, here are a list of important dates:

- Tuesday, Sept. 9, 2:30 p.m. – Open Auditions for the Fall Play in the Auditorium. Listen to announcements for more information.
- Wednesday, Sept. 10, 2:30 p.m. – Open Auditions for the Fall Play in the Auditorium.
- Friday, Sept. 12, 2:30 p.m. – Callbacks for the Fall Play
- Friday, Nov. 6, and Saturday, Nov. 7, 7:30 p.m. – Fall Play
- Thursday, Dec. 18, 7 p.m. – Christmas Show in the Auditorium

- Friday, Dec. 19, approximately 1 p.m. – Christmas Assembly in the Auditorium
 - Tuesday, Jan. 6, 2:30 p.m. – Open Auditions for the Spring Musical in the Auditorium. Listen to announcements for more information.
 - Wednesday, Jan. 7, 2:30 p.m. – Open Auditions for the Spring Musical in the Auditorium.
 - Friday, Jan. 9, 2:30 p.m. – Callbacks for the Spring Musical
 - Thursday, March 19-Saturday, March 21, 7:30 p.m. – Spring Musical
 - Thursday, April 30 – Evening of Fine Arts. 6 p.m. – Gallery of art work from classes and clubs; 7 p.m. – performance by classes and clubs
- More information regarding these events is available by contacting Mr. Peter Herr (pherr@smhlancers.org), Ms. Heather Ruhland (hruhland@smhlancers.org), or Mr. Michael McGough (mmcgough@smhlancers.org).

Lunch program

(continued from page 1)

tious, meets and exceeds the government standards, and, most importantly, brings taste and variety to the St. Mary's community," he said.

For the new school year, a full student lunch will cost \$4, an increase of only \$1 from last year. Students will also be able to apply for a reduced lunch cost of \$2. A la carte items and snacks will still be available, with prices varying per item.

More information regarding the new lunch program and an application to receive lunches at a reduced price will be sent home soon.

Support schools through Catholic Action Network

To help keep Catholic schools viable and tuition affordable, we need supporters to contact their legislators. To help with this task of enabling our legislative agenda to be heard, the New York State Catholic Conference of Bishops has devised a method of advocacy known as the Catholic Action Network (CAN). To join this network you only need to have access to the internet and about three minutes of time that you can devote to filling out the registration form online.

What does this free membership allow you to do?

The website will send you occasional "action alerts" that ask you to contact your legislators about important legislative



Join the
Catholic
Action
Network

issues. You are provided with relevant letters that will be signed with your name; when you click on "submit" these letters will be sent automatically to your elected officials.

It is very easy to join. You first go to the web page of the New York State Catholic Conference: www.nyscatholic.org. Then hover over "Take Action!" and then click "Join the Catholic Action Network."

You will be prompted to enter your name, address, etc., and the issues you are concerned with – for school issues choose "Education." After you click on "submit" you are set to access an easy way to notify your elected officials about your concerns.

We are especially asking for you to support the NYS Education Investment Tax Credit bill. This bill will have a profound effect on Catholic education in NYS when it is passed. Please go to www.InvestInEd.org and sign the petition in support of this legislation.

Thank you for taking the time to join the Catholic Action Network and support the Education Investment Tax Credit bill.

Congratulations, Fourth Quarter Honor Roll Students

Top five Seniors



Laura Cavallari Erica Swannie Christopher Hoffman Erin Neidhart K. Eric Eggert

Top five Juniors



Kaitlyn Tytka Hannah Gresham Rebecca Hojna Kayla Murphy Ryan Ratajczak

Senior 1st Honors

Torey Adams
Catherine Blaszak
Kathleen Bookmiller
Dylan Braniecki
Caitlin Bystrak
Holly Bystrak
Alexandra Casillo
Laura Cavallari
Mamin Amy Chen
Yijing Shery Cheng
Samantha Cousineau
Reagan Craddock
Aaron Denz
Natalia Dziadosz
Kevin Eggert
Tyler English
Laura Enzinna
Vincent Francemone
Chelsea Goldyn
Marc Gonzalez
Jacob Hacker
Rylee Haffey
Chelsea Heffernan
Meghan Helak
Brett Helmbrecht
Christopher Hoffman
Sydney Irish
Brooke Kacala
Nathaniel Keith
Cory Kiebzak
Emily Krucenski
Cailyn Krygier
Allison Langley
Ana Lyons
Marco Matteini
Mark McManus
Bailey Michalski
Rachel Molino
Melissa Musialowski
Erin Neary
Erin Neidhart
Katarina Raab
Francesca Rockwood

Kayla Roman
Michaela Rowe
Victoria Rozler
Abigail Salamone
Jacqueline Steck
Nicholas Sugg
Erica Swannie
Christopher Szumla
Erika Talbot
Latrell Tyson
Hayley Wnuk
Megan Wrest
Matthew Wrobel
Trevor Wrona
Yige Jessica Wu
Collin Zelli
Grant Ziomek

Senior 2nd Honors

Joseph Cipolla
Daniel Dolinar
Peyton Harris
Jeffrey Hunziker
Courtne Labenski
Mary Martin
Allison Parente
Joseph Podwika
Samantha Rodriguez
Claire Schroeder
Nicholas Soluri
Dione Strong
Nicholas Vallone

Junior 1st Honors

Paul Bargnesi
Andrew Blaszak
Paige Burkard
Theresa Cometto
Teresa Cronmiller
Ashley Drzymala
Jennifer Dudzinski
Nicholas Federico
David Filion
Jonathon Fontaine

Katie Grabski
Hannah Gresham
Xinyue Chloe Guan
Joseph Hamilton
Hannah Hapeman
Justin Hersey
Danielle Hockwater
Rebecca Hojna
Zachary Ineson
Zailiang Eagle Jian
Katrina Kenneweg
Austin Klink
Victoria Kwitowski
Nicholas Lukasik
Magdalene Manuel
Leah Meyer
Jessica Michalski
Agatha Milholland
Kayla Murphy
Marc O'Neill
Tia Piotrowski
Ryan Ratajczak
William Roskopf
Gillian Sacco
Matthew Schneider
Kaitlyn Schott
Jacob Shepard
Mason Smith
Julie Sobczynski
Shelby Strausbaugh
Alexandria Szpila
Zachary Szpila
Mariah Troidl
Kaitlyn Tytka
Qiuyang Chew
Young Wang
Yu Charlotte Wang
Amber Wilk
Alyssa Yebernetsky
Alexandra Zelazny
Alyssa Ziobro

Junior 2nd Honors

Emily Bellet

Lonnie Bowlds
Joseph Coleman
Jacob Concannon
Raymond Cooper
Nicolas DeSanto
Mary Eddy
Nicole Giardina
Nicholas Heigl
Sydney Kozminski
RiverLeigh Martinez
Nicholas Nasca
Brianna Poules
John Propis
Jackson Sperduti
Jacob Tomaszewski
Christopher Truesdale
Matthew Wierzbicki
Michael Wierzbicki
Sean Wilson

Sophomore 1st Honors

Jennifer Baran
Garrett Braniecki
Austin Calkins
Olivia Carl
Joelle Cianciosa
Kendra Ciezki
Marissa Dantonio
Anna DiDomenico
Madison Fermo
Lisa Gali
Helen Gibson
Victoria Gorny
Christopher Gresham
Jia Wei Jimmy Gu
Ann Hamilton
Jack Hathaway
Bridget Herod
Carolyn Kidder
Nicholas Kobis
Jessica Kranz
Kaila MacKay
Rosalie Martin

Leah May
Mikala McCartney
Brendan McKeating
Erica Michalski
Katherine Netti
David Owczarczak
Julie Pijacki
Jennifer Piskor
Victoria Powell
Grace Pyszczyk
Jessica Ratigan
James Roetzer
Veronica Rozler
Allison Rusinski
Hanna Streck
Emily Thomas
Joseph Vallone
Isabel Van Remmen
Megan Vogel
Regan Weiss
Emma Winiarski
Madeline Wnuk
Evan Zaprzal
Alyssa Zirnheld
Kevin Zolnowski

Sophomore 2nd Honors

Jordan Badura
Bradley Berchou
Benjamin Blackhall
Braden Bova
Joseph DiGesare
Mitchell DiPirro
Bailey Dolegowski
Allyson Fischer
Ethan Krygier
Nina O'Scier
Jonathan Rowe
Andrew Salamone
Shannon Watson
Stephen Wisniewski
Genevieve Zajac

Freshman 1st Honors

James Ando
Charles Bristol
John Connolly
Daniel Cross
Mark Cronmiller
Joshua Fontaine
Grace Fuller
Meghan Hanna
Anna Heerd
Stephanie Hossenlopp
Victoria Jankowski
Marissa Loniewski
Caitlyn Meyer
Faith Meyers
Savannah Meyers
Alex Paul
Andrea Seeloff
Kristi Smith
Alexander Stegmeier
William Story
Collin Tytka
Kathryn Vogl
Haley Wipperman

Freshman 2nd Honors

Asia Alexander
Gina Appenheimer
Elizabeth Bakeman
Alexander Bish
Amaya Devers
Jenna Erwin
Jill Greene
Erin Hufford
Sean McCarthy
Stephanie Nemmer
Hannah Pufpaff
Jacob Tredo
Brittany Wachowski
Sydney Zajac
Maya Zelazny

Top five Sophomores



Carolyn Kidder Madison Fermo Victoria Powell Olivia Carl Austin Calkins

Top five Freshmen



Daniel Cress Marissa Loniewski Victoria Jankowski Kathryn Vogl Mark Cronmiller

Student to be invited for NHS

Once the school year begins, Mr. Keith Kidder, the NHS Induction Coordinator, will be inviting students who academically qualify to become a candidate for the St. Mary's National Honor Society. To be eligible for consideration, a student must be a junior or a senior who has a cumulative average of 90 percent or higher.

Soon after the distribution of Candidate Materials, the Induction Coordinator will hold an evening Candidate/Parent Informational Session to explain the selection process in more detail and review all forms in the Candidate Packet.

As part of the Candidate Process, students will be asked to complete the following:

- *Activity Form* – students will list their school, service, and/or leadership

activities in and out of school.

- *Leadership Referral Forms* – to be completed by supervisors of student's leadership activities.

- *Service Referral Forms* – to be completed by supervisors of student's service activities.

- *Personal Essay* – written by the student to summarize their achievements, interests, and other information they believe should be considered.

A reminder that students are required to have completed 25 hours of service beyond what is required for Religion classes (that is, Junior Candidates must have completed at least 55 hours of service; Senior Candidates need to have completed at least 85 hours). *Students who do not meet this minimum service-*

hour requirement will have their application removed from the NHS Candidate Process.

Once turned in, the candidate materials will be submitted to the Faculty Council for their review and consideration. Candidates will be notified either way by Mr. Kidder. Students selected for the National Honor Society will be inducted at a ceremony on November 19.

More complete information regarding the Selection process will be found in the Student-Parent Handbook, available on the St. Mary's High School website.

Changes coming to Walk-a-Thon

For several years, the Student Senate of St. Mary's High School has sponsored the annual Walk-a-thon. The students have walked the streets of Lancaster and, in the process, raised funds which are used by the Senate for school classes, clubs, and organizations and to help fund the Student Senate Scholarship.

This year, the Student Senate has decided to incorporate a school picnic into the Walk-a-thon, presently scheduled for Tuesday, Sept. 23.

After a shorter walk than the usual 10 miles, the Walk-a-thon will arrive at Firemen's Park in Depew. Here the students will be treated to a picnic lunch while able to enjoy the basketball courts, sand volleyball courts, and more. The students will walk back to school at the end of the day.

In this mailing, families will find a letter from the Student Senate Co-Moderators, Mrs. Lynn Tytko and Mr. Anthony Moreno, going into more details about the changes to the Walk-a-Thon.

There will also be a Walk-a-thon pledge sheet, which will be due Tuesday, Sept. 16.

Transportation information

Information regarding transportation is sent to parents from the public school district at the end of August. This information is not sent to St. Mary's High School.

If you do not receive your bus information, or if you have questions or problems with the arrangements, please call the Transportation Department of your school district. This does not apply to students in the Buffalo and Lockport

school districts.

Incoming freshmen from Buffalo may receive their bus passes when they come for orientation on August 27. Upperclassmen will get theirs on the first day of school.

Remember: Students are never allowed to ride a bus from a school district other than their own. Public school districts are only insured for their own residents.

From the Enrollment Office Open House 2014

The annual Fall Open House will take place September 18 and 19. Mr. Steven Grieco, Enrollment Director, is looking for families willing to place an

Open House sign on their front lawn for passing drivers to see. If you can help, please contact Mr. Grieco at 683-4824, ext. 237, or at sgrieco@smhlancers.org.

Upcoming Freshman Events

Freshman & Parent Mixer
Thursday, August 7
6:30 p.m.

Orientation for Freshmen, Transfer Students, and Parents
Wednesday, August 27
6:30 p.m.

Upcoming Enrollment Events

Fall Open House
September 18 & 19
5 to 8 p.m.

Admission Exam Prep Classes
November
1, 8, & 15

Admission Exam
November 22
8:30 a.m. to 12 noon

Currents

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Dress Code for 2014-15

The following is the St. Mary's High School Dress Code for the 2014-15 School Year.

The most significant change to the code is in regards to required dress for School Liturgies and Special Days. Beginning in September, young men are required to wear a single

breasted, navy blue blazer with two or three buttons on Liturgy Days and Special Days that will be announced. The Board recommends that the blazer be purchased from Flynn & O'Hara so you can be sure to have the correct style, though they may be purchased at other stores.

The purpose of the Dress Code is to teach self-discipline associated with personal hygiene and grooming and to encourage students to take pride in a personal appearance that would be acceptable in most modern business environments.

The following dress code is in effect from the beginning of homeroom until dismissal. Homeroom teachers will check dress code every morning and will immediately send anyone with questionable attire to the Discipline Office. Students are expected to be dressed in clean, properly-sized clothes that are well maintained. No students will be allowed to attend class out of dress code which includes their haircut / style / color. This dress code is also in effect during January and June exams.

Changes for the 2014-15 school year are underlined.

Ladies

- Properly sized navy, khaki, or gray dress pants (with the "SMH" logo) purchased from Flynn & O'Hara are the only pants allowed for ladies. The pants may not be ripped or torn. *Pants from American Eagle or Aeropostale are not allowed.*
- A properly-sized **solid-colored** Oxford buttoned blouse with a buttoned collar, long or short sleeve, tucked in, may be worn all year except on Liturgy days (*On Liturgy days, blouse must be blue or white*). The school recommends purchasing these from Flynn & O'Hara to ensure that you have the correct style.
- Dress shirts may not have extra darts or seams causing the shirt to be a tight fit.
- The official St. Mary's High School Polo shirts may be worn all year except on Liturgy days. Club and athletic polo shirts are not allowed as part of the regular dress code. Regular polo shirts must be tucked in at all times; banded polo shirts do not have to be tucked in.
- Embroidered St. Mary's sweatshirts, St. Mary's sweaters, St. Mary's fleeces, or solid navy blue, solid white, or solid gray sweaters may be worn over the dress

shirt, a white, navy, or gray turtleneck, or the St. Mary's polo shirt. *Thermal or long-sleeve t-shirts are not allowed.*

Club and athletic sweatshirts and fleeces are not allowed as part of the regular dress code.

- "Sweater" is defined as a long-sleeved, heavy-gauge, knitted, wool or cotton garment that fits the body loosely. Sweaters may have zip-up fronts.
- Turtleneck sweaters (solid navy, solid white, or solid gray) may be worn without a dress shirt / polo shirt underneath.
- Navy blue blazers or navy blue vests may be worn over the dress shirt, white St. Mary's polo shirt, or a white, navy, or gray turtleneck.
- T-shirts worn under a dress shirt must be white with no lettering or design.
- Black, navy, white, or beige stockings or black, navy, gray, or white knee socks and shoes must be worn. No patterns, bows, buttons, or other designs are allowed on the socks/stockings.
- All girls are *required* to purchase the uniform skort that is available from Flynn & O'Hara. The skort must be **no more than two inches above the knee**. They are only *required* to wear the uniform skort on Liturgy days or other special occasions requiring formal dress.
- Dress shoes must be worn and cannot be backless, canvas, slippers, or boots.
- Shoes must be properly worn.

Gentlemen

- Properly sized navy, khaki or gray dress pants worn with a solid brown, solid black, or solid white colored belt. The school recommends purchasing the dress pants from Flynn & O'Hara to ensure that you have the correct style. Pants with rivets, sewn-on pockets, stripes, or ripped/torn cuffs are not to be worn. Pants may not be worn below the waistline. *Pants from American Eagle or Aeropostale are not allowed.*
- A properly-sized **solid-colored** Oxford buttoned dress shirt with buttoned collar, fully buttoned and tucked in may

be worn all year except on Liturgy days (*On Liturgy days, shirt must be blue or white*). Shirt must be worn with a tie.

Bow ties may be worn.

- The official St. Mary's High School Polo shirts may be worn all year except on Liturgy days. Club and athletic polo shirts are not allowed as part of the regular dress code. Polo shirts must be tucked in at all times. T-shirts worn under polo shirts may be solid navy, white, or gray. No lettering or design from the t-shirt may be visible.
- Embroidered St. Mary's sweatshirts, St. Mary's sweaters, St. Mary's fleeces, or solid navy blue, solid gray, or solid white sweaters may be worn over the dress shirt with tie, a white, blue, or gray turtleneck, or the St. Mary's polo shirt. *Thermal or long-sleeve t-shirts are not allowed.* Club and athletic sweatshirts and fleeces are not allowed as part of the regular dress code.
- "Sweater" is defined as a long-sleeved, heavy-gauge, knitted, wool or cotton garment that fits the body loosely. Sweaters may have zip-up fronts.
- Turtleneck sweaters (solid navy, solid white, or solid gray) may be worn without a dress shirt / polo shirt underneath.
- Navy blue blazers or navy blue vests may be worn over the dress shirt with tie, St. Mary's white polo shirt, or a white, blue, or gray turtleneck.
- T-shirts worn under a dress shirt must be white with no lettering or design.
- Solid brown, solid black, solid navy blue, or solid gray dress shoes with socks must be worn.
- Boat shoes may be worn. They must be solid or two-tone brown, black, navy blue, or gray with socks.
- Dress shoes cannot be backless, canvas, slippers, or boots. No athletic shoes may be worn.
- Shoes must be properly worn.
- No makeup or nail polish may be worn.

(Continued on page 9)

Dress Code for 2014-15 *(continued from page 8)*

The following rules apply to all students:

- No sandals or open-toed shoes may be worn. No slippers or moccasins may be worn.
- No outerwear may be worn.
- The only acceptable sweatshirts and fleeces are embroidered SMH or approved class sweatshirts (without hoods).
- Body piercing is limited to two earrings per ear for girls, no earrings for boys, including dress down days. Spacers used to increase the size of holes in ears are prohibited. Wearing a bandage over illegal piercings is not permitted.
- Visible tattoos and heavy metal chains are not allowed including dress down days.
- Long-sleeve shirts worn under short sleeve shirts are not allowed.
- No Capri pants or shorts may be worn.
- No gloves of any kind may be worn.
- No wristbands or sweatbands may be worn.
- Nothing sheer or see-through may ever be worn, including dress down days.
- Nothing sleeveless may ever be worn, including dress down days.
- Students are not allowed to have writing or drawings on their skin at any time.
- Sleeves on polo shirts may not be rolled and collars may not be flipped up.
- During June Exams, footwear regulation is relaxed – flip-flops, sneakers, etc. are allowed.

Hair

- Hair should be kept neat, clean, and combed at all times. No bizarre haircuts or hair colors are permitted. There should be no spikes, puffs, Mohawks, etc. Boys' hair must be no longer than collar length, and the front must be at least one-finger's-width off of the eyebrows. No portion of the head will be shaved. Any bizarre hairstyle will result in daily detention until the problem is corrected.
- Students are expected to be clean-shaven on a daily basis. No facial hair is permitted. Sideburns must be

trimmed, neat, and not extend below the earlobe.

Pride Day Dress

- Students may wear any *official* St. Mary's attire including class shirts, school sports t-shirts/sweatshirts, school sweatpants, school shorts, school hats.
- Solid navy/gray pants or navy/gray pants with white stripes down the leg may be worn.
- No jeans are allowed.
- Earring and facial hair regulations remain in effect.
- Sneakers or sandals may be worn if the student is wearing Pride Day Dress.

Liturgy Day Dress

To achieve a sense of unity in the celebration of important moments in the life of the St. Mary's community and to deepen our awareness of our Catholic faith, all students will attend all school liturgies and prayer services. On days when a liturgy is scheduled, students must follow the rules for "liturgy day dress:"

- No polo shirts will be allowed.
 - Gentlemen are required to wear – A blue or white dress shirt and tie as defined previously.
 - A single breasted navy blue blazer with two or three buttons. The school recommends purchasing these from Flynn & O'Hara to ensure that you have the correct style.
 - Ladies are required to wear – A blue or white dress shirt as defined previously
 - A uniform skirt.
 - Dress code sweaters, approved St. Mary's sweatshirts, vests, blazers are permitted over the dress shirts.
- This dress code may also be in effect for other special occasions and field trips. Announcements will be made in advance.

Jeans Day Dress

Throughout the school year, organizations may run a jeans day as a fundraiser

for outside charities. These fundraisers need to be proposed and approved through the Principal's Advisory Board.

On a jeans day, students may wear:

- Jeans — they may not be ripped/torn or excessively oversized.
- Sweatpants, windpants, cargo pants, corduroy pants, Capri pants
- Sneakers or sandals

They may NOT wear:

- Jean shorts or shorts of any kind
- Jean skirts or skirts of any kind
- Hats

Modesty will always be stressed. Earring and facial hair regulations remain in effect. If a student chooses not to participate, they must be in regular dress code.

Baccalaureate Mass / Graduation

The following policy must be adhered to during these events: the Baccalaureate Mass, Senior Family Brunch, and Graduation Ceremony. Failure to follow these rules will result in the student not being allowed to participate in that event. The graduation fee will not be refunded.

Because these are formal events hosted by the school, there will be strict adherence to the school dress code policy regarding hair, earrings, body-piercing, and facial hair. Messages on caps/gowns are not permitted.

- Ladies must be modestly dressed in a dress, skirt/blouse, or a pants suit. Dress shoes or dress sandals must be worn. *No flip-flops.* No bizarre socks, stockings, or shoes may be worn.
- Gentlemen must wear dress pants, a dress shirt (preferably white) and tie, as well as dress shoes.

In all cases regarding these events, the final decision regarding participation will be decided by the Administration of the school.

The Dean of Student Affairs will make the final determination as to whether or not a student's attire violates the dress code. Modesty will be stressed. Any bizarre appearance, in clothing or hair, is unacceptable.

<p>EARN FREE SUPPLIES at OFFICE DEPOT</p>	<p>Every time you give our School ID number when buying qualifying school supplies, St. Mary's receives credits equal to 5% of the qualifying purchases to use for Free Supplies! The School ID for St. Mary's High School is 70073221</p>
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2014 Summer Reading Assignment

English 9 Regents and Honors

All freshmen **must read** *Night*, by Elie Weisel. In addition, **English 9 Regents** must read a **second book** from the following list; **English 9 Honors** must read **two additional books** from the list:

- *Alas, Babylon* (Pat Frank) – A story about civilization and life after nuclear war.
- *Roll of Thunder, Hear My Cry* (Mildred Taylor) – This novel depicts the many dimensions of racism in the South during the 1930's. The Logans, an African-American family, struggle to keep their 400 acres during the Great Depression.
- *Summer of My German Soldier* (Bette Greene) – During WWII, a young American girl falls in love with a German prisoner of war as she helps him to escape.
- *Ten Little Indians*, also titled *And Then There Were None* (Agatha Christie) – Mystery story of the murder of 10 strangers trapped on an island.
- *The Boys of Winter* (Wayne Coffey) – Non-fiction account of the 1980 "Miracle on Ice" US Hockey Olympic Gold Medal team.
- *Mockingjay* (Suzanne Collins) – This is the final book of the *Hunger Games* trilogy.

Assignment:

Part I – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown words found in **each book**; include each word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday, Sept. 9, 2014.**

Part II – An in-class writing assignment will be given on Tuesday, Sept. 9th, on *Night*; a second in-class writing assignment will be given on Wednesday, Sept. 10th, on your 2nd book choice; English 9 Honors will write a third in-class assignment on Thursday, Sept. 11th, on your 3rd book choice.

English 10

Regents and Honors

All sophomores **must read** *Lord of the Flies*, by William Golding.

In addition to this book, **10 Regents**

must read **one** book from the following list; **10 Honors** must read **two** books from the following list:

- *In the Middle of the Night* (Robert Cormier) – Years before Denny was born, his father was involved in a tragic accident. The family doesn't talk about it, but the tragedy continues to haunt the family. When Denny decides to learn more about the accident, he becomes entangled in its web.
- *A Night to Remember* (Walter Lord) – The author recounts the last hours of the *Titanic* from the perspectives of many of the ship's passengers.
- *Rebecca* (Daphne du Maurier) – The classic story of the second Mrs. DeWinter, who followed the man she loved from Monte Carlo to his lavish country estate, Manderly. There, she is drawn into the brooding passions of a romance dead but not forgotten – for always, everywhere, is the evil, eternal presence of ... Rebecca!
- *Briar Rose* (Jane Yolen) – The story of Briar Rose (Sleeping Beauty) is linked to the Holocaust when a young woman promises her dying grandmother that she will return to Poland and discover the truth about her past.
- *House* (Frank Peretti and Ted Dekker) – A

supernatural thriller by this famous pair of Christian writers that gives new meaning to the phrase "haunted house."

- *Fahrenheit 451* (Ray Bradbury) – Bradbury's classic science fiction novel of censorship and defiance.
- *Castaway Kid* (R.B. Mitchell) – The true story of an abandoned kid who was one of the last "lifers" in an American orphanage.
- *Saving Juliet* (Suzanne Selfers) – A modern-day teenage girl goes back to Shakespeare's Verona in an attempt to prevent the tragedy of Romeo and Juliet from happening.

Assignment:

Part I – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown words found in **each book** you read; include each word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday, Sept. 9, 2014.**

Part II – An in-class writing assignment will be done on Tuesday and Wednesday, September 9th and 10th, on your summer reading books. It will be

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St. Mary's on parade



Coordinated by Mr. Grieco and Mr. Kelleher, several St. Mary's students participated in the Lancaster Fourth of July Parade, tossing candy to the people lining the streets of the Village of Lancaster. St. Mary's High School teamed up with St. Mary's Elementary School to have a float in the well-attended parade.

Counseling Corner

Sarah Neudeck (sneudeck@smhlancers.org) • 683-2349 • Jamie Whitwood (jwhitwood@smhlancers.org)
Counselor to Classes of 2015 & 2017 Counselor to Classes of 2016 & 2018

Visit colleges this summer

NOW through the beginning of the school year is an excellent time for seniors and their parents to visit the colleges they are considering.

Whether a student is considering a local institution or one far away, families need to experience first hand the campus and talk about how it will fit their student's needs.

During this past school year, students met several times with their counselors, and each has a list of potential schools.

Once you have viewed the different websites and read all you can about the schools, call the colleges' admissions office to set up an appointment. Then take a tour of the school, talk to students, visit classrooms and dorms, and walk around the neighborhoods, all in an effort to "get a feel" of the school

Visiting colleges is one of the most important steps in the college selection process and is vital in helping you and your student decide

where to apply next fall.

Feel free to call with your questions. Guidance counselors will be available throughout the summer.

St. Mary's, St. Bonaventure providing "Bus to Bona"

St. Mary's High School, in cooperation with St. Bonaventure University, will be providing a "Bus to Bona" for St. Mary's seniors on Senior College Visitation Day, Wednesday, Oct. 15.

The "Bus for Bona" will leave St. Mary's at 8:30 a.m. to return at approximately 3 p.m. During the trip, seniors will be able to take a tour of the campus; meet with teachers,

students, and admissions' advisors; and sit in on classes.

The seniors will also be treated to a free lunch in the university's Magnano Centre.

More information and sign-ups will be available closer to October 15.

Questions may be addressed to Mrs. Neudeck, Senior Class Counselor, at 683-2349 or sneudeck@smhlancers.org.

Reading assignment *(continued from page 10)*

beneficial to take notes on theme, setting, characterization, and mood while reading.

English 11 Regents

All English 11 Regents students **must read** *A Raisin in the Sun*, by Lorraine Hansberry.

In addition to this play, **English 11 Regents** students must read **a second book** from the following list:

- *Black Boy* (Richard Wright) – A sensitive and rebellious African American youth survives a life of poverty, familial strife, and Southern bigotry to pursue his goal of becoming a writer in the North.
- *A Tree Grows in Brooklyn* (Betty Smith) – A classic! Francie Nolan lives in turn of the century Brooklyn, New York. She struggles against all odds to survive and thrive.
- *The Curious Incident of the Dog in the Night-Time* (Mark Haddon) – This is the

story of an autistic boy's quest to investigate the suspicious death of a neighborhood dog.

- *Into Thin Air* (Jan Krakauer) – A first-person account of an expedition to Mt. Everest that turned from dream climb to nightmare.
- *Catch 22* (Joseph Heller) – A classic! In this satirical novel, Captain Yossarian confronts the hypocrisy of war and bureaucracy as he frantically attempts to survive.
- *What Happened* (Peter Johnson) – This novel, written by a Canisius High School graduate and set in an all-boys Buffalo high school, is an account of a car accident that unfolds slowly from the voice of an unnamed narrator.

Assignment:

Part I – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown words found in **each book**; include each

word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday, Sept. 9.**

Part II – An in-class writing assignment will be done on Tuesday and Wednesday, Sept. 9th and 10th, on your two summer reading books. Both assignments will be critical lens essays. Your English teacher will review the format of this type of essay in class before Tuesday, Sept. 10th. **It would be beneficial for you to take notes on literary elements used by the authors in your summer reading books.**

AP English Literature & Composition

AP Literature students **MUST** read *The Scarlet Letter*, by Nathaniel Hawthorne, and **two** additional works from the following list:

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Reading Assignment *(continued from page 11)*

- *Animal Farm* (George Orwell) – A satirical fable set on a farm; events mirror the rise of Communism.
- *Black Boy* (Richard Wright) – A sensitive and rebellious African-American youth survives a life of poverty, familial strife, and Southern bigotry to pursue his goal of becoming a writer in the North.
- *The Curious Incident of the Dog in the Night-Time* (Mark Haddon) – This is the story of an autistic boy's quest to investigate the suspicious death of a neighborhood dog.
- *A Raisin in the Sun* (Lorraine Hansberry) – This classic drama shows how the sudden appearance of money tears an African-American family apart.
- *Catch 22* (Joseph Heller) – A classic! In this satirical novel, Captain Yossarian confronts the hypocrisy of war and bureaucracy as he frantically attempts to survive.
- *Wuthering Heights* (Emily Bronte) – The story of two childhood sweethearts, Heathcliff and Catherine Earnshaw, who grow up on the Yorkshire Moors. When Catherine marries another man, Edgar Linton, Heathcliff attempts to take revenge on the entire Linton and Earnshaw families.
- *The Awakening* (Kate Chopin) – The story of one woman's journey to self-discovery set in New Orleans at the turn of the 20th century.
- *All Quiet on the Western Front* (Erich Maria Remarque) – A young soldier struggles to survive and questions the purpose of war during WWI.
- *Pygmalion* (George Bernard Shaw) – Eliza Doolittle becomes the focus of a bet between Professor Higgins and his friend. Higgins claims that by teaching Eliza to "talk like a lady," he can make others believe that a low-class girl is a duchess.
- *Rosencrantz and Guildenstern Are Dead* (Tom Stoppard) – This drama spotlights two minor characters from *Hamlet* and shows the play from their perspective. This play, written as part of the Theatre of the Absurd Movement, is often ridiculous and humorous.
- *Their Eyes Were Watching God* (Zora Neale Hurston) – This classic African-American novel tells, with haunting sympathy, the story of Jane Crawford's evolving identity through three marriages.

Assignment:

Part I – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown words found in **each book**; include each word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday, Sept. 9, 2014.**

Part II – An in-class writing assignment will be done on Tuesday and Wednesday, Sept. 9 and 10, 2014, incorporating **all three** summer reading books. Both assignments will be critical lens essays. Your English teacher will review the format of this type of essay in class before Tuesday, Sept. 9th. **It would be beneficial for you to take notes on literary elements used by the authors in your summer reading books.**

English 12 Regents

All English 12 Regents students **MUST** read *Jane Eyre*, by Charlotte Bronte.

In addition to this novel, English 12 Regents students **MUST** read a second book from the following list:

- *Bleachers* (John Grisham) – As their football coach hovers between life and death, his former players gather at their high school field to recollect the good and bad times of their lives and high school football careers.
- *Farewell to Arms* (Ernest Hemingway) – Set in Italy, this is a poignant love story taking place against the backdrop of WWI. A classic!
- *The Bell Jar* (Sylvia Plath) – Sylvia Plath's only novel tells the story of college student Esther Greenwood – her nervous breakdown and fight to regain both her sanity and her life. A classic!
- *Native Son* (Richard Wright) – For Bigger Thomas, an African-American man accused of a crime in the white man's world, there could be no extenuating

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Campus Ministry

The 8th Commandment

Since January the Campus Ministry articles have focused on the Ten Commandments. August, the eighth month, will conclude this topic as we ponder the Eighth Commandment: "Thou shall not bear false witness against your neighbor," Exodus 20:16. Stated simply, "No lying."

Historically, Scripture required two witnesses to prove one's guilt. (Recall Jesus' "trial" at the hands of Pilate in John's Gospel). In addition, two eyewitnesses were required before the death penalty could be enforced.

There is a wide difference in the manner we lie and how it is understood. Often we dismiss the seriousness of untruthfulness by using terms like "a fib," "a white lie," "an exaggeration," and "a half truth." Sometimes the most serious of lies are told to protect and deceive.

One's character is demonstrated by

the degree to which one is seen as honest and truthful. From childhood we have learned that lying only makes a difficult, uncomfortable, bad situation worse. When someone lies to us our dignity and self-respect are disregarded. It becomes personal, whether the lies are person to person or they have some institutional or governmental "spin."

"Lies beget lies." This adage encourages us to always tell the truth so that we don't have to remember the story. Being truthful and honest is not always easy, but the graces of the sacrament of penance are there to help. Scripture does instruct us that the truth shall make you free.

In positive terms the Eighth Commandment says, "Be truthful! Be Honest!"

Benedicat vos omnipotens Deus.
twf+

School Supply List

The annual ritual of School Supply Shopping has begun, as area stores have started their sales and promotions. For many families, the treks to KMart, Target, or Wal-Mart will take place as the students prepare for the new school year. For the St. Mary's students, the store visits will

also begin.

In an effort to assist families in their back-to-school shopping, here is a **PARTIAL** list of supplies needed by the different departments.

Please note two items – Individual teachers will have additional requirements

for their classes. These lists will be passed out the first day of class.

Also, students will be receiving an assignment notebook from St. Mary's High School on their first day of school. Thus, there is no need to purchase a separate one.

Needed for all classes

- pens
- pencils
- loose leaf paper

Business Classes

- Business Law**
- one-subject notebook
 - folder with pockets

English Classes

- English 9 Regents**
- 2-inch 3-ring binder with at least 5 dividers
 - composition-style notebook
 - highlighter
 - folder with pockets

English 9 Honors

- 2-inch 3-ring binder with 6 dividers (only to be used for English class)
- folder with pockets

English 10 Regents

- 2-inch 3-ring binder with 2 dividers (only to be used for English class)

English 10 Honors

- 2-inch 3-ring binder (only to be used for English class)

English 11 Regents

- 2-inch 3-ring binder with 6 dividers (only to be used for English class)
- highlighter

AP English Literature

- 3-ring binder with 5 dividers (only to be used for English class)
- highlighter
- Post-It flags
- *The Poisonwood Bible* by Barbara Kingsolver

English 12 Regents

- 3-ring binder with 5 dividers (only to be used for English class)
- highlighter

AP English Language

- 3-ring binder (any size - only to be used for English class)
- highlighter
- Post-It flags

Foreign Language Classes

All French & Spanish classes

- spiral notebook with 4 pockets, OR 4- pronged pocket folders (1 for each quarter) and a spiral notebook (must be for French or Spanish use only)
- highlighter.

Spanish 2 and 2 Honors

- In addition to above, 3 gel pens, one each of red, green, and black.

Health Classes

- 2-inch 3-ring binder
- 1-subject notebook
- folder

Math Classes

All Math Classes

- TI84 plus graphing calculator
- pencils with erasers

Algebra A and Algebra B

- jumbo book cover
- 1.5-inch binder
- graph paper

Geometry A, Geometry H, Algebra 2 / Trig A, Algebra 2 / Trig H

- jumbo book cover
- 2-inch binder
- notebook
- graph paper
- dividers

Math IIB

- jumbo book cover
- 2-inch binder
- notebook
- graph paper

Math IIIB

- regular book cover
- 2-inch binder
- notebook
- graph paper

Pre-Calculus

- 2-inch binder
- notebook
- jumbo book cover

Pre-Calculus H

- 1.5-inch binder
- regular book cover

AP Calculus

- 3-inch binder
- notebook
- divider
- regular book cover

AP Statistics

- 2.5-inch binder
- dividers
- regular book cover

Math IVB

- 2-inch binder
- divider
- notebook
- regular book cover

Religion Classes

Freshmen

- No special supplies necessary

Sophomores

- 1-inch 3-ring binder
- a Bible at home (if student does not have a Bible at home the school will supply one)

Juniors & Seniors

- 1-inch 3-ring binder

Science Classes

Earth Science

- One 3-5 subject spiral bound notebook (for Earth Science-A - Regents only)
- 2-inch 3-ring binder
- One package of dividers (5)
- Highlighter
- 2 pocket folder
- Multicolored ink pen (at least 4 different colors)
- Graph paper
- Ruler
- Calculator (four function calculator or scientific calculator)

Living Environment – A or B

- 2-inch 3-ring binder
- One package of dividers
- Multicolored pen
- Colored pencils
- Highlighter
- Two pocket folder
- Calculator (four function or scientific)

General Chemistry

- 2-inch 3-ring binder with at least 4 dividers
- Calculator (basic functions, but graphing calculator from math is good)
- pocket folders

Regents Chemistry, Regents Chemistry Honors, Forensic Chemistry

- Two 2-inch 3-ring binders with dividers
- Calculator (Non-graphing calculator required for Regents Exam)
- Graph Paper

Physics

- 3-5 subject spiral bound notebook (used only for physics)
- 2 pocket folder or 3-ring binder for hand-outs
- Protractor
- Ruler
- Graph paper
- Calculator (graphing calculator used in math class)

Environmental Science

- Spiral bound notebook
- 2 pocket folder
- Colored pencils

AP Chemistry

- Two 2-inch 3-ring binders with dividers
- Graph Paper

Social Studies Classes

- All Classes**
- 2-inch 3-ring binder

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 sales@chruscikibakery.com • www.chruscikibakery.com

– Fall Sport Start Dates –

Students planning to play a sport during the fall season should be aware of the following start dates:

• Football at St. Mary's

- Monday, Aug. 18-Friday, Aug. 22 – 3-8pm
- Saturday, Aug. 23 – TBA
- Monday, Aug. 25-Friday, Aug. 29 – 3-8pm
- Saturday, Aug. 30 – Scrimmage at Maryvale (time to be announced)

Bring spikes, change of clothing, healthy snack, water/Gatorade, 5-piece girdle, sandals/shower shoes

For more information contact Varsity Coach Chris Glenn (cglenn712@gmail.com) or JV Coach Brian Kader (brian.kader@gmail.com)

• Girls' Varsity Volleyball at St. Mary's

- Monday, Aug. 18 & Tuesday, Aug. 19 – 9am-1pm
- Wednesday, Aug. 20 & Thursday, Aug. 21 – 5-8pm
- Friday, Aug. 22 & Saturday, Aug. 23 –

9am-12noon

- Monday, Aug. 25 & Tuesday, Aug. 26 – 9am-1pm
- Wednesday, Aug. 27 & Thursday, Aug. 28 – 5-8pm
- Friday, Aug. 29 & Saturday, Aug. 30 – 9am-12noon

For more information, contact Coach Don Pieczynski (ivccs@aol.com)

• Girls' JV Volleyball at St. Mary's

- Monday, Aug. 18-Friday, Aug. 22, Monday, Aug. 25-Friday, Aug. 29 – 3-6p.m.
 - Saturdays, Aug. 23 & 30 – 9-11am
- For more information, contact Coach Dennis Zureck (dzureck@roadrunner.com)

• Boys' Volleyball at St. Mary's

- Monday, Aug. 18-Friday, Aug. 22, Monday, Aug. 25-Friday, Aug. 29 – Times to be determined soon

• Girls' Soccer at Westwood Park

- Monday, Aug. 18 - 8-10 a.m.

Bring shin guards, water bottle

For more information contact Coach Leonard Pfohl (llmspfohl@verizon.net)

• Boys' Soccer at Lancaster Middle School or Westwood Park

- Monday, Aug. 18-Friday, Aug. 22, Monday, Aug. 25-Friday, Aug. 29 – 6:15-8:15p.m.

Bring spikes, shin-guards, water bottle

For more information, contact Coach Al Franjoine (afranjoine@aol.com)

• Golf at Walden Driving Range

- Monday, Aug. 25th - 1-2:30 p.m.

Bring your own clubs

For more information contact Coach Mark Rzemek (mrzemek@smhlancers.org)

More information is also available by contacting Athletic Director Joe Rera at 683-4824, ext. 235, or jrera@smhlancers.org.

Parent / Coach / Athlete Communications Guide

The goal of the Athletics Department at St. Mary's High School is to create a positive environment for our students and your children, where academic and athletic excellence will become expected and will be achieved.

Athletic Department Philosophy

- Athletic and academic achievement requires a sincere commitment from all athletes, parents, coaches and administrators. For all of us to be successful, effective communication must occur.
- The St. Mary's Athletic Department and administration believe strongly in being accessible to parents and supportive of the coaching staff.
- We will continually attempt to improve communication with the students and parents. For our programs to be truly successful, it is necessary that everyone understand the focus and direction of the St. Mary's athletic program.

Parent Expectations

- A. It is reasonable to expect your child's coach to inform you:
1. When and where practices and

games are held.

2. About his/her coaching philosophy.
3. About the expectations he/she has for all athletes on the squad as well as your individual child.
4. What is required to be part of the team, i.e., special equipment, off season conditioning, etc.
5. If your child is injured during participation in a practice or contest.
6. Whenever any disciplinary action results in your child being denied participation in a practice or contest.

B. Typical concerns of parents that are **appropriate** to discuss with a coach are:

1. Any noticeable downward trends in your child's academic performance.
2. How you can contribute to your child's skill improvement and development.

Athletic Department Expectations

A. Coaches need parents to tell them:

1. Any specific health concerns about your child; this should be expressed directly to the head

coach at a mutually convenient time.

2. Notification of any schedule conflicts well in advance.

B. If you have a concern to discuss with a coach, what procedure should you follow?

1. Make an appointment with the coach. **Never** approach a coach before or after a game unless the coach requests this.
2. If the coach cannot be reached, then call the Athletic Director to set up a meeting.
3. Please do not attempt to confront a coach before, during, or following a contest or practice. These can be busy and emotional times for both the parent and the coach and this period does not promote objective analysis of the situation.

C. What should you do if the meeting with the coach does not result in a resolution to the problem?

1. Call and set up an appointment with the Athletic Director to discuss the situation.
2. At this meeting the appropriate next step can be determined.

2014 Fall Sports Schedules

Varsity Football

Sat. Sept. 6, 2pm @ University Prep (Bishop Kearney)
 Sat., Sept. 13, 1pm vs. St. John the Baptist
 Fri., Sept. 19, 7pm @ Timon (Tiff Farms)
 Sat., Sept. 27, 2pm vs. Oil City (Pa.)
 Sat., Oct. 4, 1pm vs. Niagara Wheatfield
 Sat., Oct. 11, 7pm @ East High (Erie, Pa.)
 Sat., Oct. 18, 2pm @ St. Joe's
 Sat., Oct. 25, 1pm vs. St. Francis
 Sat., Nov. 1, 1pm vs. O'Hara
 Sat. Nov. 8, time TBA – Quarter-finals
 Sat. Nov. 15, time TBA – Semi-finals (Ralph Wilson Stadium)
 Sat. Nov. 22, time TBA – Finals (Ralph Wilson Stadium)

Women's Soccer

All games start at 4:30 pm unless noted. Home games played at Westwood Park.
 Sat., Sept. 6, 10am, vs. Buffalo Seminary (Firemen's Park)
 Tues., Sept. 9, vs. Mt. Mercy
 Wed., Sept. 10, @ O'Hara
 Fri., Sept. 12, 6:30pm @ Depew
 Sat., Sept. 13, 10am vs. Immaculata (Fireman's Park)
 Mon., Sept. 15, @ Immaculata
 Tues., Sept. 16, @ Niagara Catholic
 Thurs., Sept. 25, @ Buffalo Seminary (Larkin Field)
 Sat., Sept. 27, 11am @ Christian Central
 Fri., Oct. 3, 6pm @ Pembroke
 Sat., Oct. 4, 10am @ Immaculata
 Tues., Oct. 7, vs. O'Hara
 Tues., Oct. 14, vs. Niagara Catholic
 Thurs., Oct. 16, vs. Park
 TBA @ Park

Women's Volleyball

All JV matches start at 4:30 pm, Varsity matches start at 6 pm unless noted
 Sat. Sept. 6 – SMHS Tournament – Varsity Only
 Tues., Sept. 9, vs. Mt. Mercy
 Thurs., Sept. 11, vs. O'Hara
 Mon., Sept. 15, @ Mt. St. Mary's
 Wed., Sept. 17, @ Sacred Heart
 Mon., Sept. 22, vs. Nichols
 Wed., Sept. 24, vs. Nardin
 Fri., Sept. 26, vs. Niagara Catholic
 Sat., Sept. 27, – Eden Tournament (Varsity only)
 – BNCC Tournament (JV only)
 Mon., Sept. 29, @ Immaculata
 Tues., Sept. 30, vs. Eden
 Mon., Oct. 6, @ Nichols
 Tues., Oct. 7, 5 & 6:30pm vs. Rochester Mercy
 Fri., Oct. 10, & Sat., Oct. 11 – Garden State Tournament (Farleigh Dickinson – Varsity only)
 Sat., Oct. 11, – Lancaster Tournament (JV only)
 Tues., Oct. 14, vs. Mt. St. Mary's
 Thurs., Oct. 16, 5:30 & 7pm, @ Rochester Mercy
 Fri., Oct. 17, @ Niagara Catholic
 Mon., Oct. 20, @ O'Hara
 Tues., Oct. 21, 5:30 & 7pm, @ Eden
 Wed., Oct. 22, vs. Sacred Heart
 Fri., Oct. 24, @ Mt. Mercy
 Mon., Oct. 27, vs. Immaculata
 Wed., Oct. 29, @ Nardin
 Fri., Oct. 31 – Quarter-finals (St. Mary's)
 Mon., Nov. 3 – Semi-finals
 Wed., Nov. 5 – Finals (St. Joe's)
 Sun., Nov. 9 – State Tournament (St. Mary's)

Men's Soccer

All games start at 4 pm unless noted. Home games played at Westwood Park.
 Tues., Sept. 2, @ Alden
 Thurs., Sept. 4, vs. Timon
 Sat, Sept. 13, TBA @ Walsh
 Tues., Sept. 16, vs. Niagara Catholic
 Mon, Sept. 22, @ Timon (Tiff)
 Thurs., Sept. 25, @ Park
 Sat., Sept. 27, 1pm @ Christian Central
 Wed., Oct. 1, vs. Gow
 Sat., Oct. 4, 3pm vs. Walsh (Firemen's Park)
 Mon., Oct. 6, 4:30pm vs. O'Hara
 Tues., Oct. 7, @ O'Hara
 Tues., Oct. 14, @ Niagara Catholic
 Thurs., Oct. 16, vs. West Seneca Christian
 Mon., Oct. 20, vs. Park
 Wed., Oct. 22, vs. Christian Central
 Fri., Oct. 24, @ Gow
 Tues., Oct. 28, @ West Seneca Christian

Men's Volleyball

All matches start at 5 pm.
 Wed., Sept. 10, vs. Canisius
 Mon., Sept. 15, vs. St. Francis
 Wed., Sept. 17, vs. Maryvale
 Thurs., Sept. 25, @ O'Hara
 Thurs., Oct. 2, @ Canisius
 Tues., Oct. 7, @ St. Francis
 Thurs., Oct. 9, vs. St. Joe's
 Thurs., Oct. 16, vs. O'Hara
 Wed., Oct. 22, @ St. Joe's
 Tues., Oct. 28 – Quarter-finals (at higher seed)
 Mon, Nov. 3 – Semi-finals (at #1 seed)
 Wed, Nov. 5 – Finals (at St. Joe's)

Golf

All matches begin at 3:45pm unless noted.
 Thur., Sept. 4, @ Park (Diamond Hawk)
 Tues., Sept. 9, @ O'Hara / Canisius (Sheridan Park)
 Wed., Sept. 10, @ Gow/Timon (Cazenovia Park)
 Fri., Sept. 12, vs. St. Francis (Buffalo Tournament Club)
 Mon., Sept. 15, vs. Park / Christian Central (Buffalo Tournament Club)
 Tues., Sept. 16, vs. O'Hara / Niagara Catholic (Lancaster Country Club)
 Mon., Sept. 22, @ Park / Niagara Catholic (Hyde Park)
 Wed., Sept. 24, @ Niagara Catholic / Gow (Elma Meadows)
 Thurs., Sept. 25, vs. Gow (Buffalo Tournament Club)
 Mon., Sept. 29, 4 p.m. @ Nichols (Country Club of Buffalo)
 Tues., Sept. 30, vs. O'Hara (Brighton Golf Club)
 Wed., Oct. 1 @ Gow / St. Joe's (Sheridan Park)
 Fri., Oct. 3, vs. Timon (Buffalo Tournament Club)
 TBA @ Niagara Catholic / Christian Central
 Mon, Oct. 13 – All-Catholics

JV Football

All games start at 10 am unless noted.
 Sat. Sept. 20, vs. Timon
 Sat., Oct. 4, @ Niagara Wheatfield
 Sat., Oct. 11, vs. Canisius
 Sat., Oct. 18 - TBA
 Sat., Oct. 25, @ St. Francis
 Sat., Nov. 1, vs. Williamsville South (Location TBA)

Schedules are subject to change. Updates and results are available at www.smhlancers.org

Fundraising

WHILE YOU **Shop**








SCRIP orders will not be placed over the summer, but if you have ideas for new vendors to add, let us know!
 – Thank you for helping St. Mary's High School –

Lady Lancers part of National Champion Team

On June 28, the 15-U Travel Volleyball Team from Niagara Frontier Volleyball (NFVB) won the USA Volleyball Girls Junior National Championship, held in Minneapolis. Two members of the championship team are Jessica Kranz and Caitlyn Meyer, members of the St. Mary's High School Varsity Volleyball Team.

Over the four days of the tournament, the NFVB team

was undefeated, including in both pool play and in the playoffs. In the semifinals, NFVB swept the Nebraska Elite team. Then in the finals, the eventual champions defeated a team from Northern Kentucky in three games, by scores of 23-25, 25-19, and 15-3. The Northern Kentucky team was the number one seed in the tournament and the winner of last year's tournament. Forty-

eight teams took part in the National Tournament.

This is the first time that a volleyball team from upstate New York as won a tournament of this magnitude.

Jessica is the daughter of Michelle and Kevin Buchholz of Depew and John and Rebecca

Kranz from Lancaster. The junior is an outside hitter on the St. Mary's team.

Caitlyn, a native of Williamsville, is the daughter of Michael and Tracy Meyer. Like her sister, Leah, Caitlyn is a middle hitter for the Lady Lancers.

Game program returns

The St. Mary's Football Team will be bringing back the very popular game day programs for the 2014 season.

The program will feature player pictures and biographies, information on the new coaching staff, and team

records and awards.

The team is looking for people or organizations to advertise in the program.

Those interested should go to the St. Mary's football website or contact Pam O'Neill at poneill210@roadrunner.com.



The NFVB 15-U National Championship Team included St. Mary's varsity volleyball players Jessica Kranz (second from left) and Caitlyn Meyer (second from right).

St. Mary's Sports Boosters Golf Tournament

August 31st • 7 pm

2-Man Scramble Under the Lights at



4085 Transit Road • Orchard Park

\$85 each

Includes 18 holes, Closest to Pin Prizes, and Appetizers & Beverages at the After Party at



Shotgun Start • Pairings chosen at random at 6:30pm

For more information, contact
Joe Rera • Keith Junik • Kevin Kelleher
at 716-683-4824

or jrera@smhlancers.org • kjunik@smhlancers.org
kkelleher@smhlancers.org

Calling all Parents – Be a Booster!

With budget constraints and rising costs on everything from busing to field maintenance to officials' fees, it is increasingly important to have a strong and viable Sports Boosters program.

For those of you who are unaware, the St. Mary's Sports Boosters is made up of parent volunteers that help run fundraising activities for individual sports and sporting events.

Sports Booster parents help by doing jobs that are essential to each sport. Jobs that we are in desperate need of filling include:

Football: JV & Varsity
• Chain Gang

- Admissions
- Concessions
- Scoreboard Operator

Volleyball: Boys & Girls

- Admissions
- Concessions
- Scoreboard Operator

These jobs are essential to the sport, and if we can't fill them with volunteers we are forced to pay someone to come in and do them.

If you are interested or have any other questions or concerns, please feel free to contact Joe Rera, the Athletic Director, by email at jrera@smhlancers.org or by phone 683-4824 ext. 235.



What if ...up to 26% of each purchase you made went to your favorite worthy cause?
Shopping at hundreds of online stores helps St. Mary's High School with each purchase!
It's all free & private. Join today and change online shopping for good. Go to igive.com for more information.



August 2014 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	From August 1-14, School offices are open 8 a.m. to 1 p.m. or by appointment. Beginning August 18, School offices resume regular hours, 7:30 a.m. to 3:30 p.m.				1 Girls' Basketball Camp 9am-12noon	2
3	4 Girls' HS Volleyball Camp 9am-2pm	5 Girls' HS Volleyball Camp 9am-2pm	6 Girls' HS Volleyball Camp 9am-2pm	7 Girls' HS Volleyball Camp 9am-2pm Freshmen & Parent mixer 6:30pm	8 Girls' HS Volleyball Camp 9am-2pm	9
10	11	12	13	14	15 School Closed	16
17 Class Car Show / Chicken BBQ / Car Wash 12noon-4pm	18 First Day for Fall Sports (see page 14 for more information) Regular office hours resume	19	20	21	22	23
24	25	26	27 New Students & Parent Orientation 6:30pm	28	29	30
31 Athletic Boosters Golf Tourney 7pm at Bob-o-Link						

Reading Assignment *(continued from page 12)*

circumstances, no explanations, and only death.

- *In Cold Blood* (Truman Capote) – The documentary account of a 1959 murder in a small Kansas town.
- *The Things They Carried* (Tim O'Brien) – These stories follow a platoon of American soldiers through a variety of personal and military encounters during the Vietnam War.
- *Ophelia* (Lisa M. Klein) – A retelling of Shakespeare's *Hamlet* through the voice of Ophelia.

Assignment:

Part I – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown vocabulary words found in each book; include each word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday, Sept. 9, 2014.**

Part II – An in-class writing assignment will be done on **Tuesday, Sept. 9th**, for the novel *Jane Eyre*. A second in-class writing assignment will be done on **Wednesday, Sept. 10th**, for the second book you chose to read. It would be beneficial for you to take notes on the

following literary elements found in each book: setting, characterization, conflict and theme.

AP English Language and Composition (Grade 12)

Part I – All AP Language students must read *Eats, Shoots, & Leaves*, by Lynne Truss; a punctuation test based on the punctuation rules discussed in the book will be given in class on **Tuesday, Sept. 9, 2014.**

Part II – All AP Language students **must** read *On Writing*, by Stephen King; this memoir will be used as our first in-class rhetorical analysis essay, to be written on **Wednesday, Sept. 10, 2014** (this type of essay will be discussed and explained before Sept. 10th).

Part III – Students **must** choose **one** of the following to read:

- *Farewell to Arms* (Ernest Hemingway) – Set in Italy, this is a poignant love story taking place against the backdrop of WWI. A classic!
- *The Bell Jar* (Sylvia Plath) – Sylvia Plath's only novel tells the story of college student Esther Greenwood – her nervous breakdown and fight to regain her sanity and her life. A classic!

Native Son (Richard Wright) – For Bigger Thomas, an African-American man accused of a crime in the white man's world, there could be no extenuating circumstances, no explanations, and only death.

- *In Cold Blood* (Truman Capote) – The documentary account of a 1959 murder in a small Kansas town.
- *The Things They Carried* (Tim O'Brien) – These stories follow a platoon of American soldiers through a variety of personal and military encounters during the Vietnam War.

Assignment:

This book of choice will be used as our second in-class rhetorical analysis essay, to be **written on Thursday, Sept. 11, 2014.**

It would be beneficial for you to take notes on rhetorical elements used by King and the author of your third book; rhetorical elements include: tone, diction, syntax, irony, symbolism, ambiguity, allusion, arrangement, structure, connotation, figures of speech, style, repetition, etc.

FYI – you must discuss **3** rhetorical elements in a rhetorical analysis essay.

Work begins on Peace Garden



Employees from Adams Nurseries begins work on transforming the Marian House Courtyard into the St. Francis of Assisi Peace Garden.

In the August issue of *Currents*

- A look at the first two weeks of school
- St. Mary's revising Lunch Program
- Wanted – Parent Assistants, Student Volunteers, Booster Club Members
- Fourth Quarter Honor Roll Students
- Fall Sport Start Dates, Schedules
- Lady Lancers part of National VB Champs
- Summer Reading Assignment, Dress Code, Supply List for 2014-15
- And much more!

**For the latest news about
St. Mary's High School,
go to www.smhlancers.org**

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